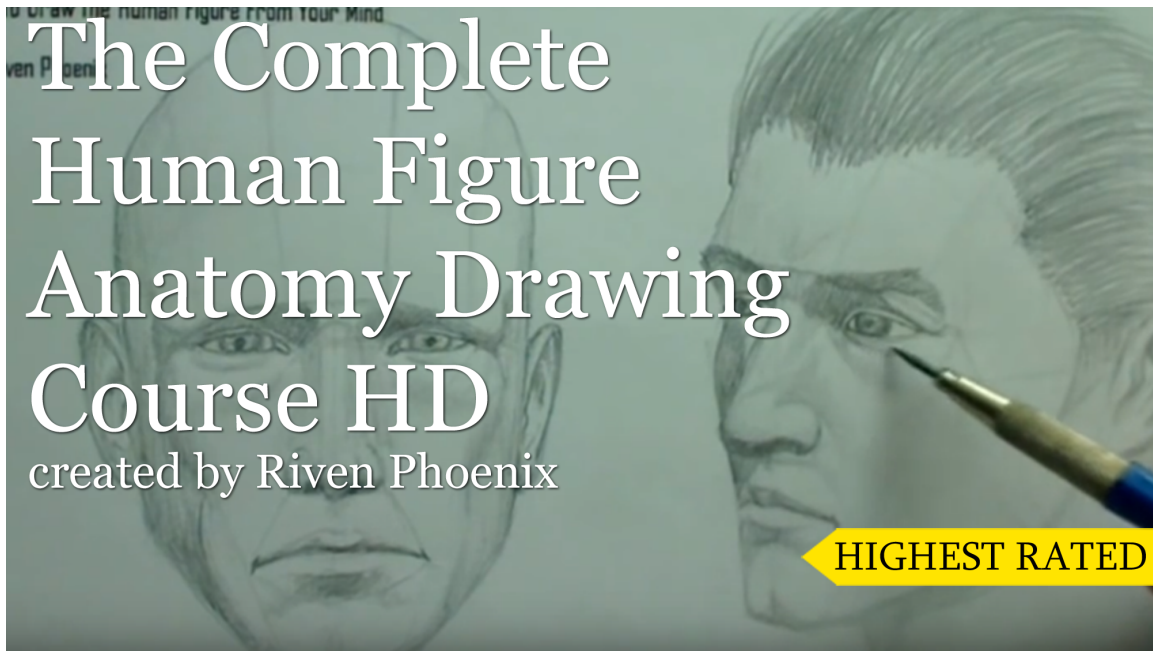


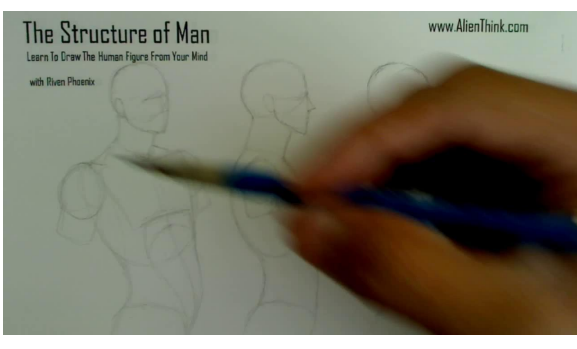
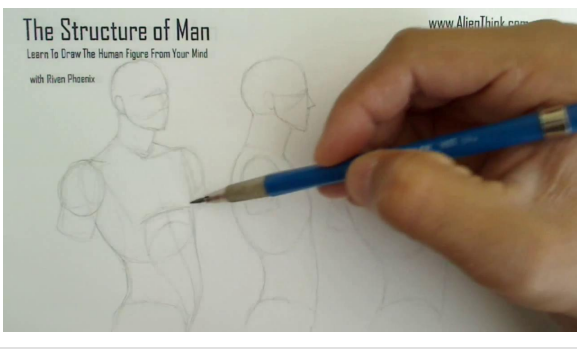
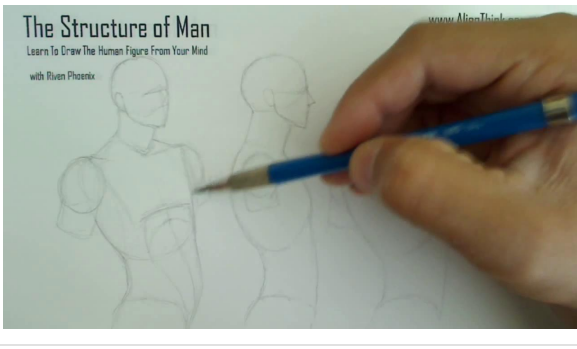
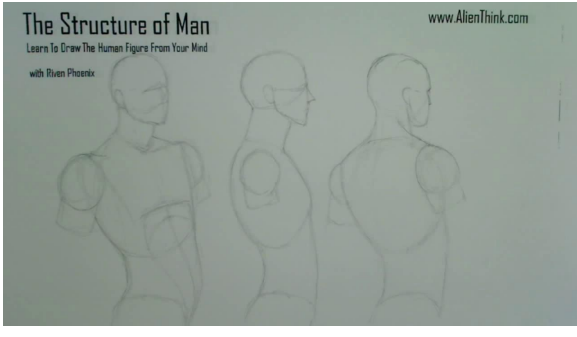


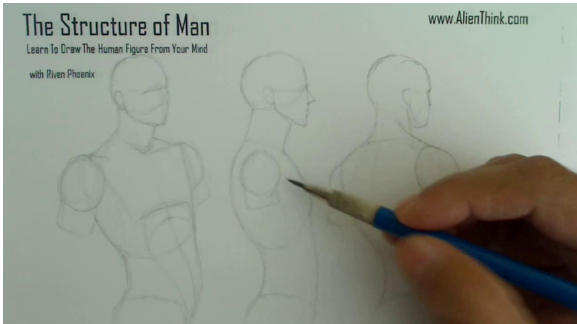
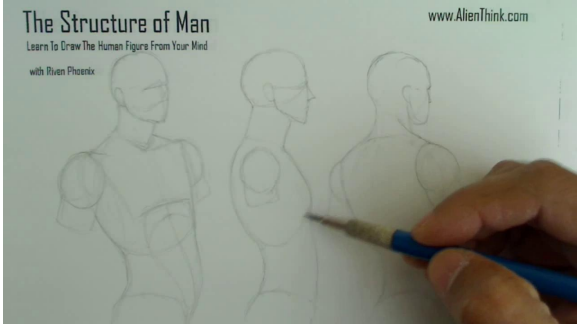
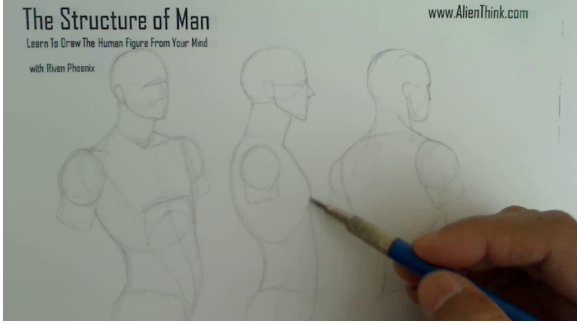
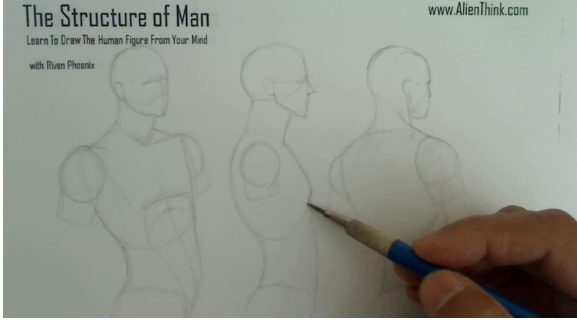
The Structure of Man

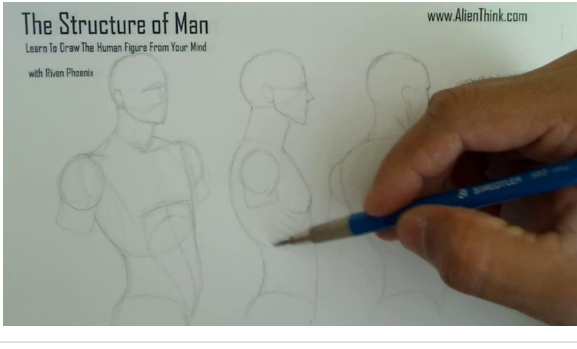
Learn to Draw the Human Figure From Your Mind with
Riven Phoenix

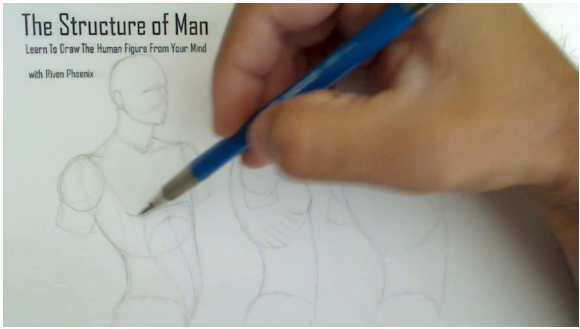
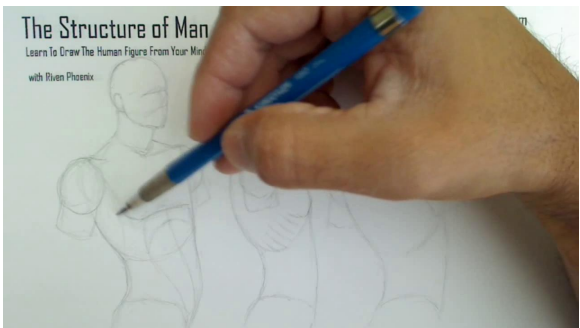
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Figure Drawing Lesson 133 - The Muscles of The Torso -
Part 14

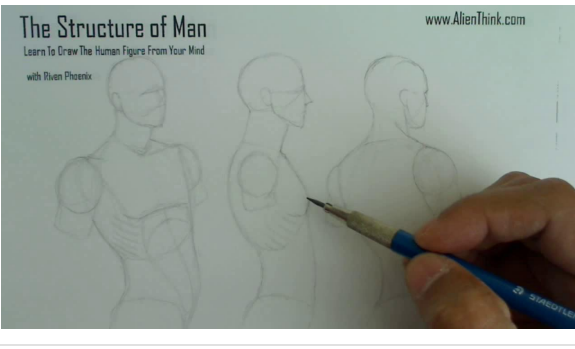
1		Hey guys, my name is Riven Phoenix and welcome to the structure of man,
2		learn to draw the human figure from your mind training course.
3		Okay, so in the previous lesson here we just laid out our basic
4		figures here and now what we're going to do is start to look at the forms,

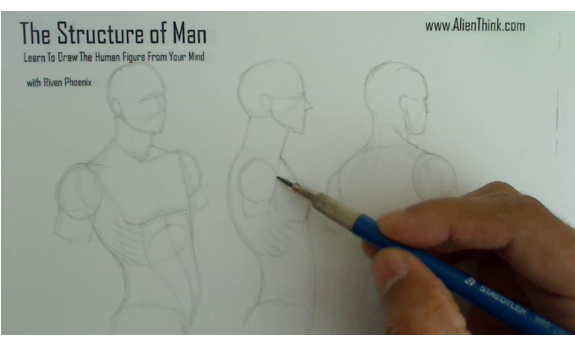
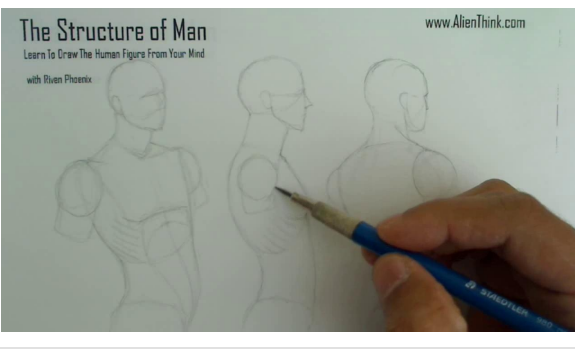
5		right, based on the ideas of the muscles that we did.
6		Right, so the first thing is that we know that okay,
7		over here I'm going to start to get the pack muscles.
8		And when I do that right over here, I know that okay,

9		well, I'm going to get like the the fifth rib over here anyways,
10		right, so here I can do just do okay, six, seven, eight, nine, ten.
11		Right, I'm just going to mark out these ideas over here.
12		So over here on this end, when I do it this way here,

13		I'm just going to think about the same thing.
14		I'm going to do six, seven, eight, nine, ten.
15		Right, we need these lines here to say that these are going to be the lines for the ribs.
16		Right, okay, so we don't have to worry about this section over here.

17		So when we get this here, we're now going to begin to understand,
18		okay, well, I know that the muscles are definitely going to be connecting
19		over here and I know that I'm going to get this dip over here,
20		then I'm going to get my plavicle over here.

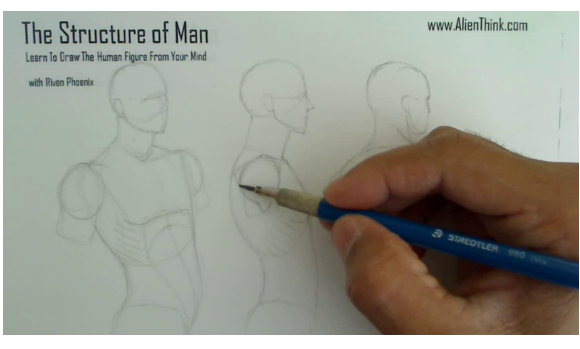
21		Right, so when we now think about this area here,
22		what we need to keep in mind is that this is in the front,
23		and this is going to be more in the back.
24		Right, so now the thing is that this is more bulk here.

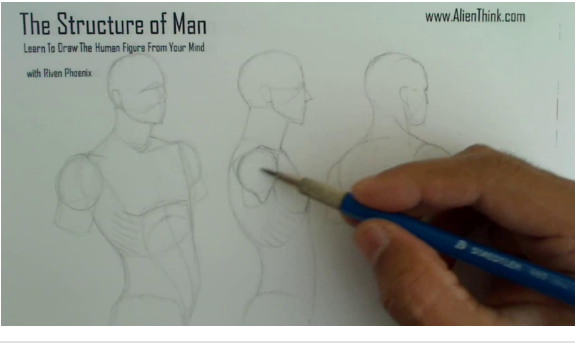
25		Right, so basically what we want to do is when we make the shoulder,
26		we know that okay, well, the shoulder muscles,
27		we know for a fact are going to be going like this over here.
28		Right, so this is my clavicle over here, just like this.

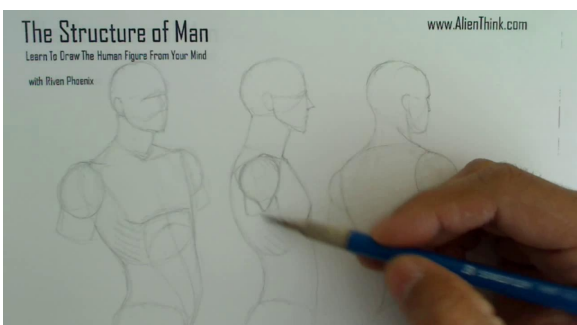
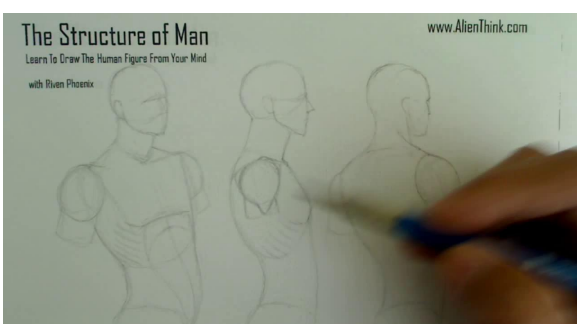
29		I'm going to do the clavicle like this.
30		So I know that okay, well, the shoulder muscles are going to be coming down,
31		so but I can also, like, this guy could have a little bigger shoulders,
32		so the muscles for the shoulders are just going to be coming like this over here.

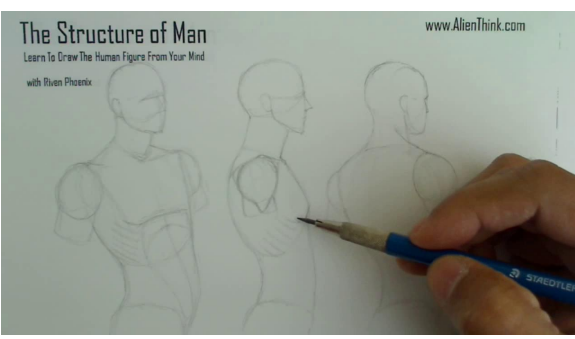
33		I know that I'm going to get this dip and then I know about the bicep over here.
34		Right, we already looked at this idea,
35		and here we just need to be much more...
36		We just have to keep this simple, is that okay,

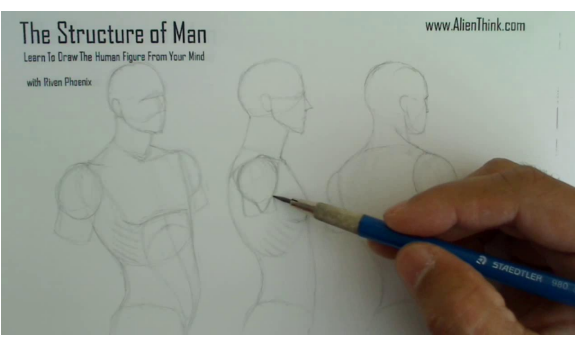
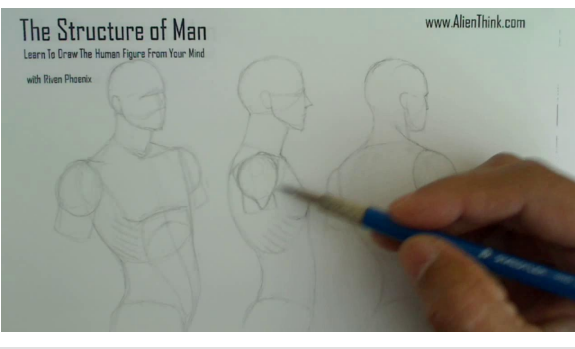
37		remember the shoulder is more of a ball shape, right?
38		So if it's a ball shape here, we got to think in 3D,
39		okay, well, really the line for the scapula is going to be here,
40		so I know that roughly I'll get the shoulder over here,

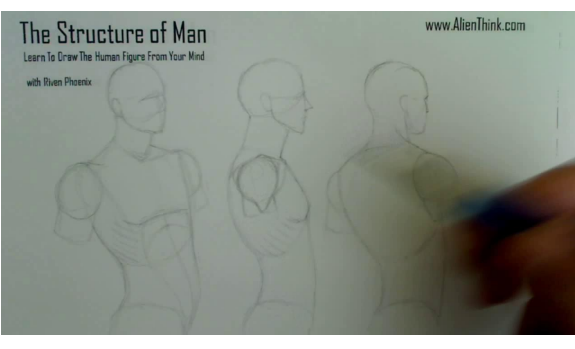
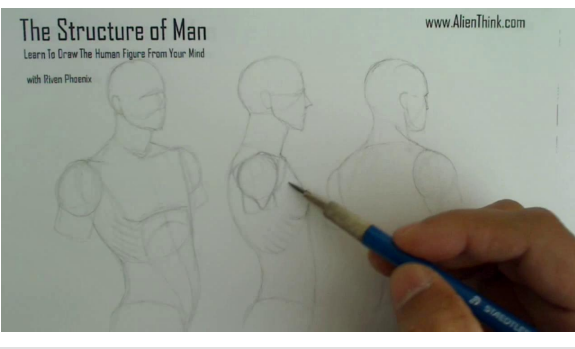
41		and then it's going to come around here on this ball shape, right?
42		Same thing over here, I'm getting this idea over here.
43		We're just going to lay out the muscles like this first,
44		okay, just think about them individually.

45		So here's the...
46		We know that okay, right?
47		How the bicep connects.
48		Basically here, I'm going to have the ball joint for the...

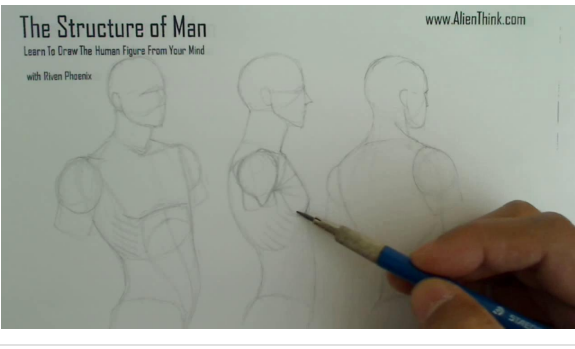
49		for the humors, so I can just visually see that this is with the bicep and I know
50		that right, the tricep is now going to come out this, right?
51		We'll look at this area much more later on.
52		So once I have this, now I know that right in the understanding

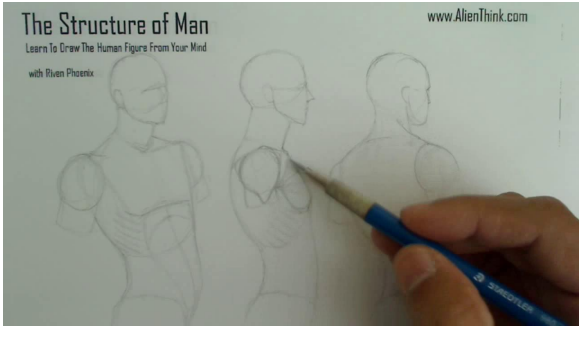
53		all that we did of the pec muscles, we know that right,
54		the pec muscles are going to be just about over here, right?
55		And then they want to connect to the humerus bone,
56		so we know that they're going to be kind of lifted up, right?

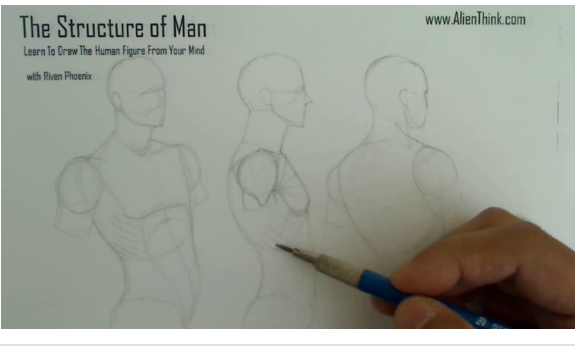
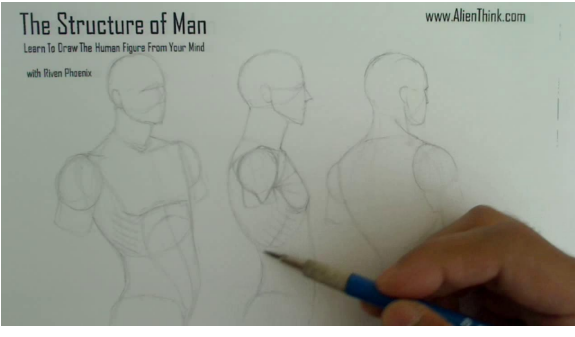
57		So when we do that, right, what we want to do is just think about this
58		in more of a 3D sense.
59		We know that, okay, well, the first line that we're going to get
60		is kind of going to be like this and I know I'm going to get 1, 2, and 3.

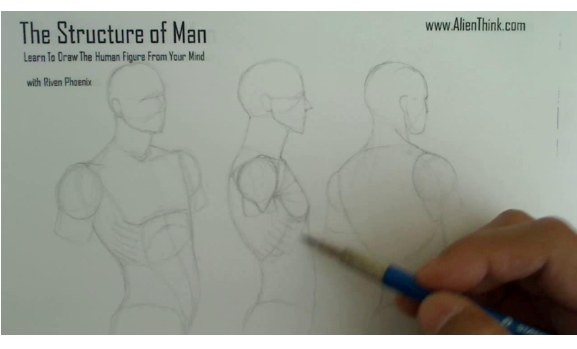
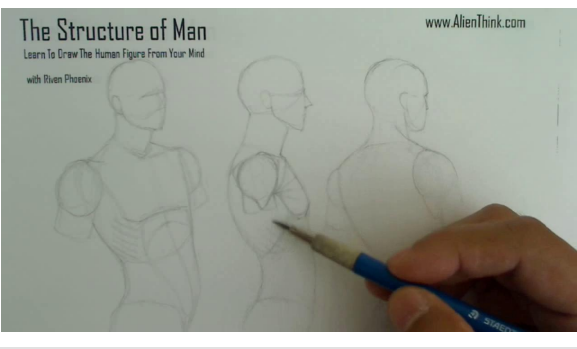
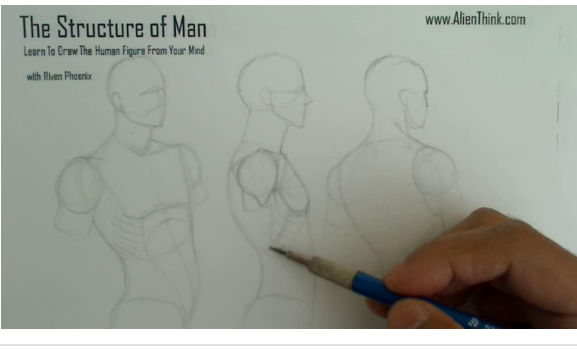
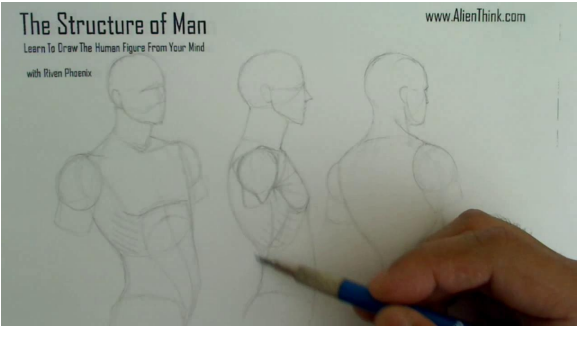
61		Over here.
62		So here I'm just going to basically lay out the ideas here first, right?
63		Just get the concept going and both look over here.
64		So what happens is that when the muscle comes,

65		it's just going to be like this, right?
66		Because it's really this section here that's connecting, right?
67		So it's not like you're going to see everything.
68		It's because of the shoulders going to get in the way, right?

69		And this is just varying itself here.
70		So here we can just experiment with those ideas saying that, right?
71		I'm saying here that the pec muscles are really just going to be connecting
72		this way over here, right?

73		So this means that the door side muscle,
74		we know it connects to the humors,
75		and we also know that it's going to be connecting over here, right?
76		So we know the connection rules.

77		So we know that, right, if we, it's really from the side
78		that I'm going to be doing that line here,
79		let's say I do this line over here, okay?
80		That's the line that I'm going to get for the muscles over here.

81		So if, right, for the oblique system,
82		and I know that this is the back muscle,
83		and he's going to want to just go back and go in the back just like this, right?
84		So this means that over here,

85		really, if we think about this back muscle,
86		it's just going to be here for the door side, right?
87		It's going to bulk this up a little bit.
88		And then we know that that muscle,

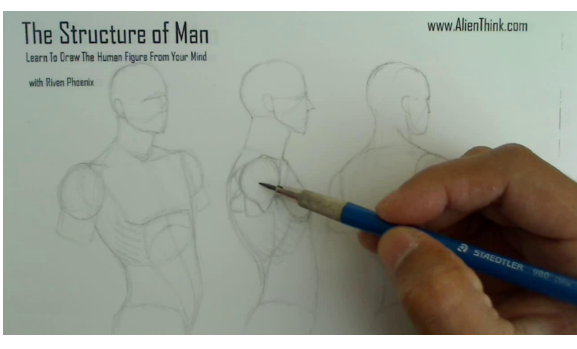
89		the one in the back is really just going more around
90		and it's just going to come like this.
91		So it'll give us like a basic idea over here.
92		And we know in the mannequin system where the chest cavity is,

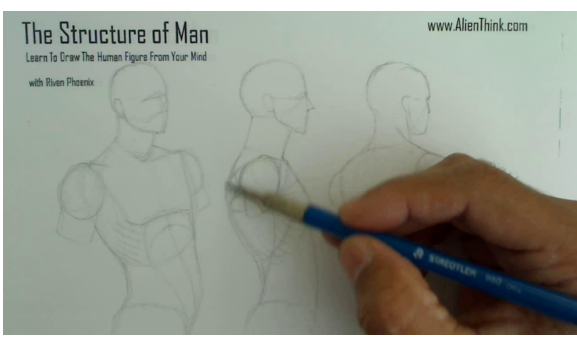
93		we're going to put that line system down, right?
94		We just at least need to get this line.
95		Remember in the back we did that line here?
96		That's what I'm talking about,

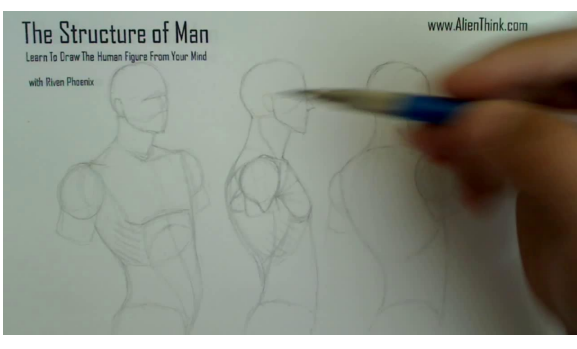
97		that's what we're going to do.
98		So we know that, okay, how does this system work?
99		It's very easy.
100		We get that first muscle.

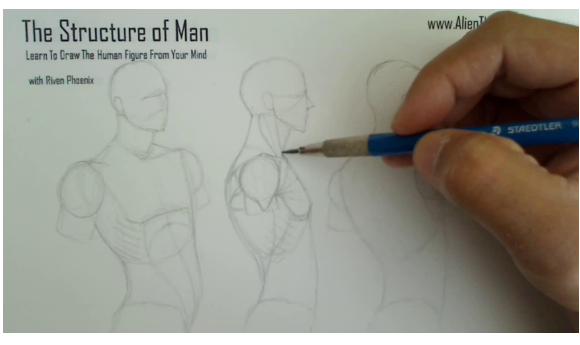
101		We know that it's going to the humans, right?
102		But because of this guy here,
103		we really don't have to worry much about anything.
104		We just need to put some of these lines here like this,

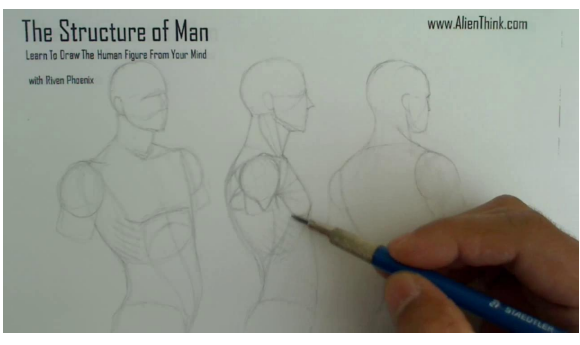
105		saying that right, this guy,
106		and then this guy also was going,
107		then you're going to get this muscle over here
108		that wants to connect back to the humans, right?

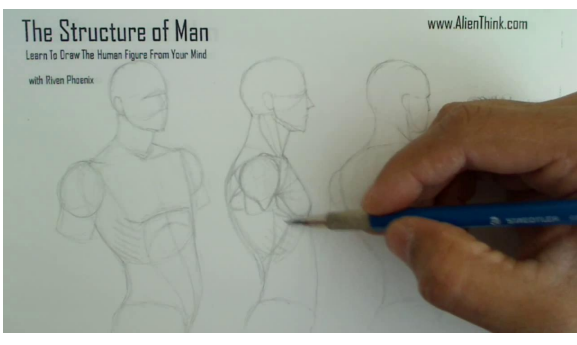
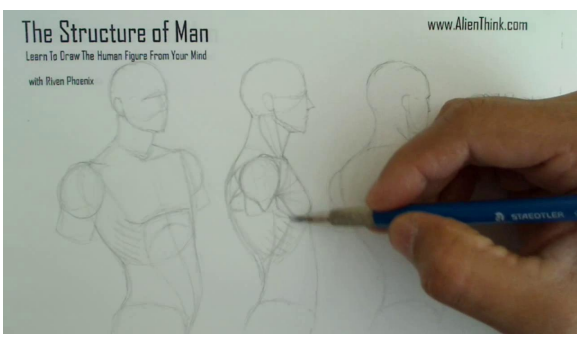
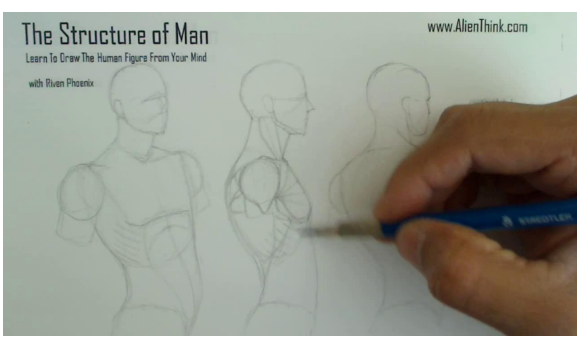
109		So this guy is overlapping him,
110		and both of these are going to come back inside the humans, right?
111		We'll look at that much more closely.
112		And that's basically it.

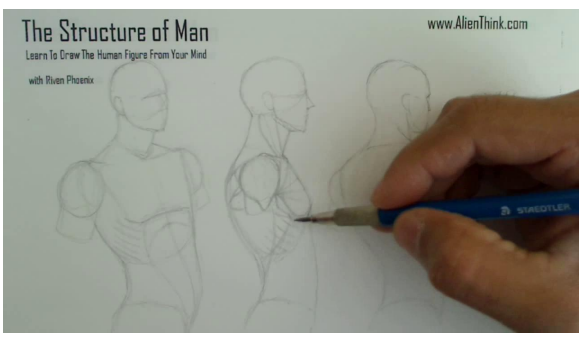
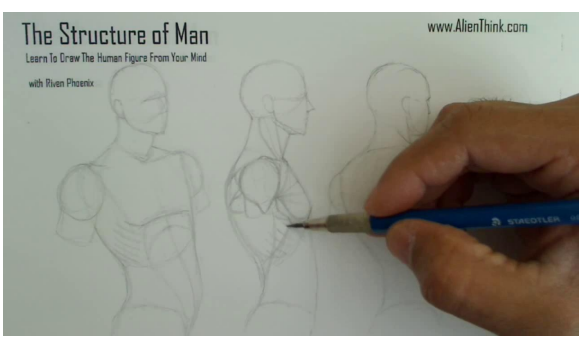
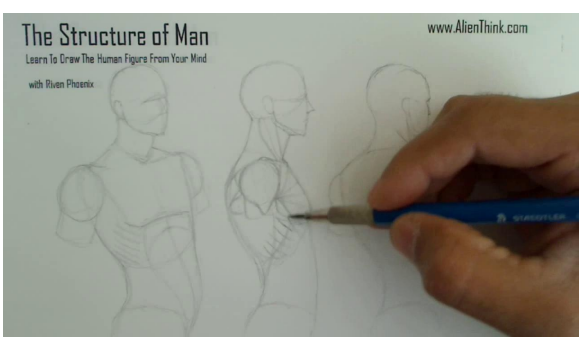
113		I'm just going to get my muscles like this, right?
114		And then this one is just going to connect over here
115		and we've already been through this,
116		as to how this works, right?

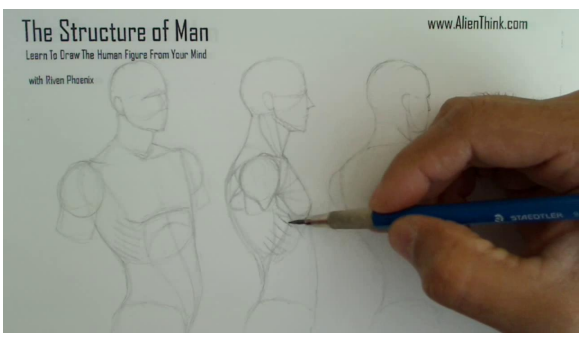
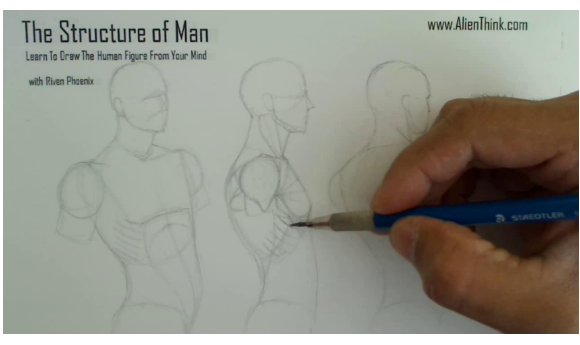
117		We can just basically make this muscle like this,
118		and we know that he's going to be connecting like this over here
119		and they want to connect,
120		they're not going to connect to the clavicle,

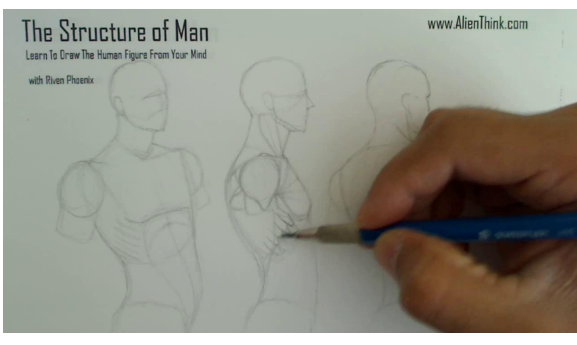
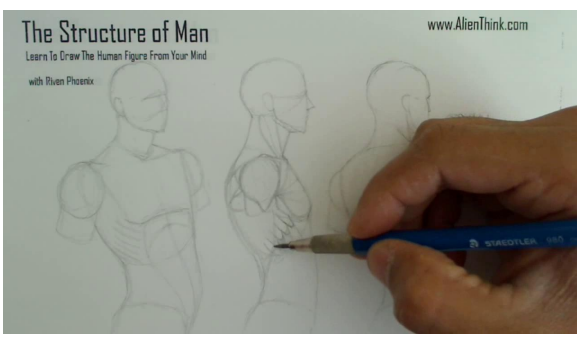
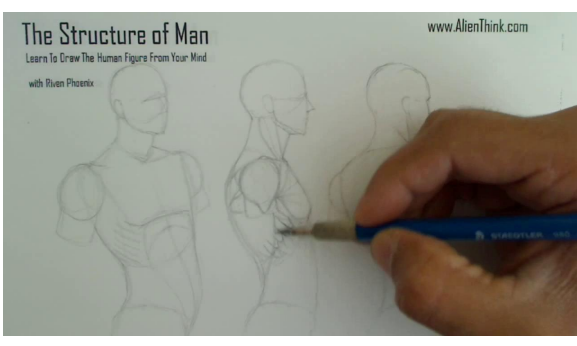
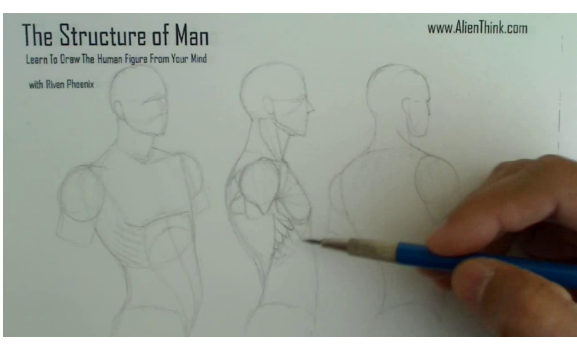
121		but I get like a basic idea over here, right?
122		And under the jaw, I'm just going to get this form
123		under the jaw over here like this, right?
124		So here, right now, we're just looking at this way, right?

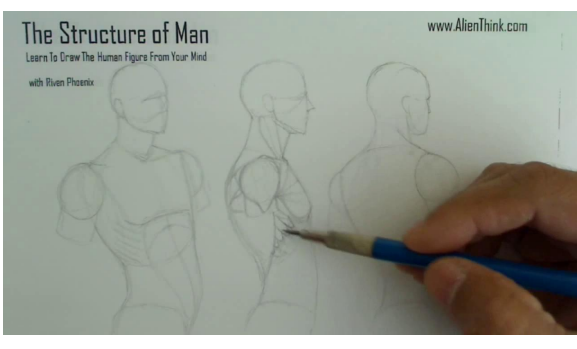
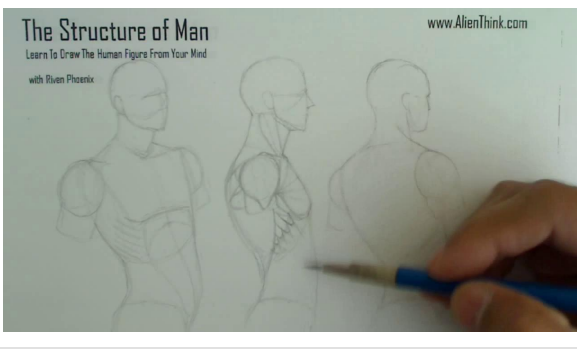
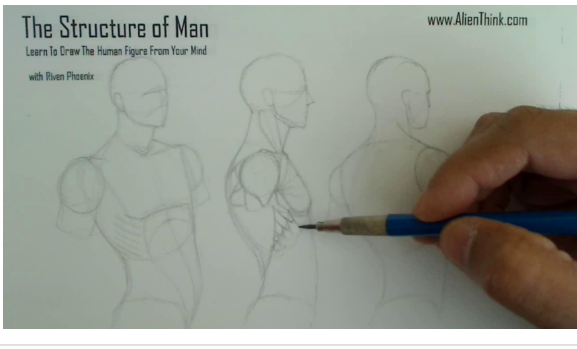
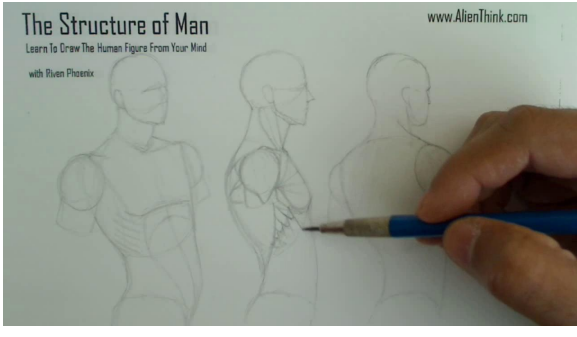
125		And this is just to get the mind used to it,
126		and this is going to be my fifth one, right?
127		So to understand this, we know that, okay,
128		well, we know that the muscle is really about these lines, right?

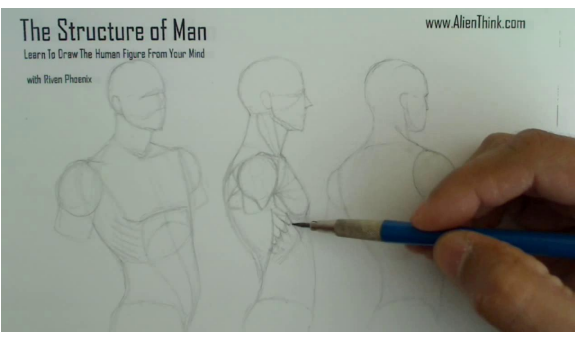
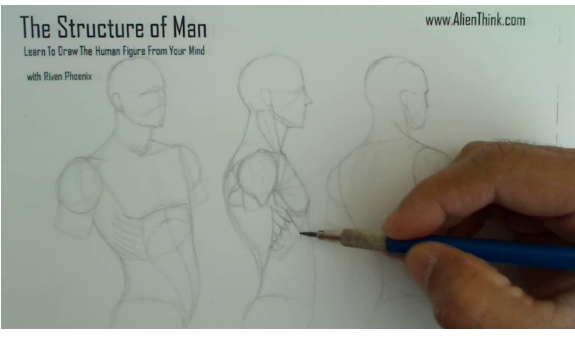
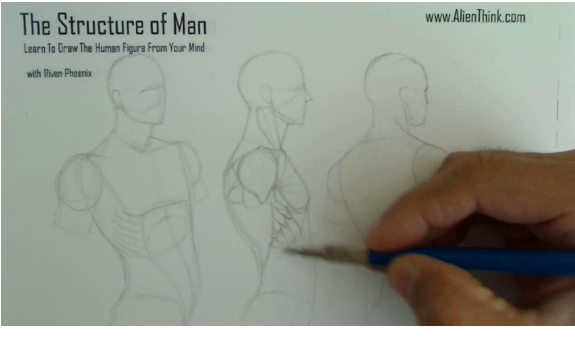
129		Once you get this, this, this, this,
130		you just need to make those lines, right?
131		We know that it's going to go in this direction over here, right?
132		It has to go follow basically the direction of the line,

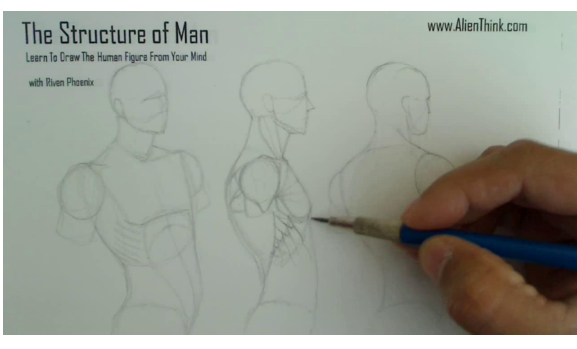
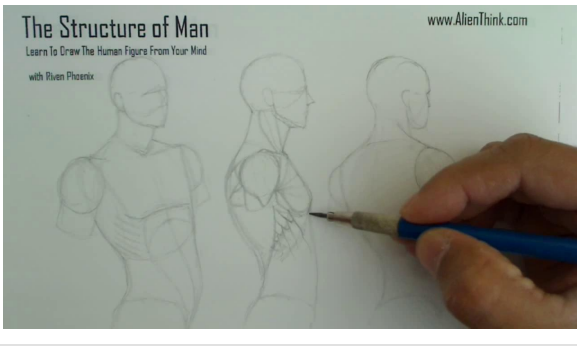
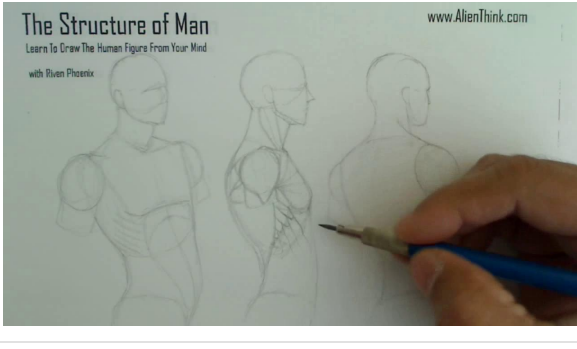
133		but it can, doesn't have to be, have to be so precise,
134		but it can just go like that.
135		So from each of these lines, so I did one, two, three, four, five, okay?
136		So from this line here, I'm just going to do this one, right?

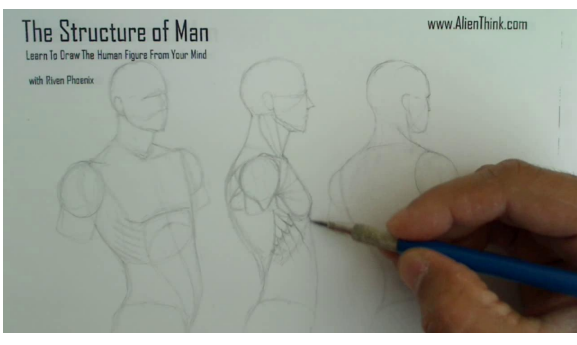
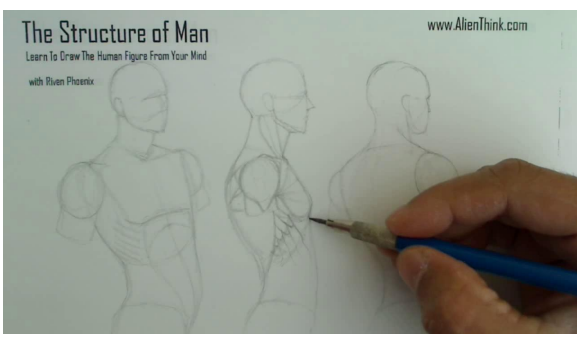
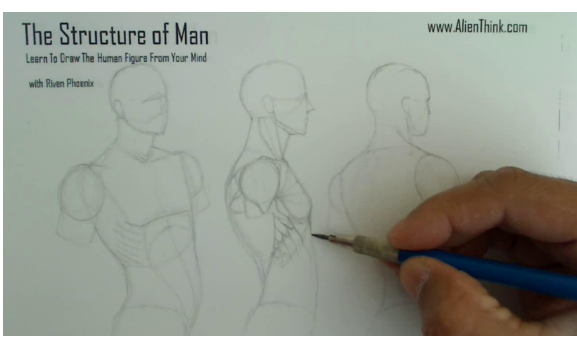
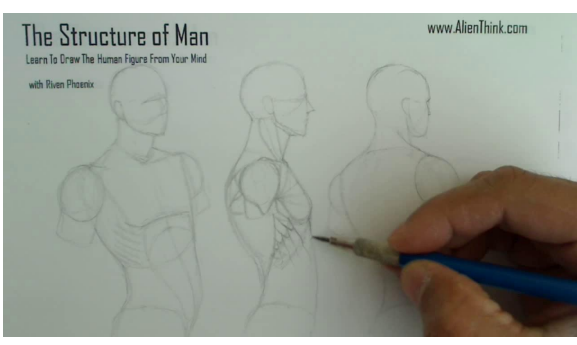
137		So what this does is look at automatically gives me this muscle.
138		So from where this line is going,
139		I'm just going to make another one to give me this muscle again,
140		right? Do this and just do this and this, right?

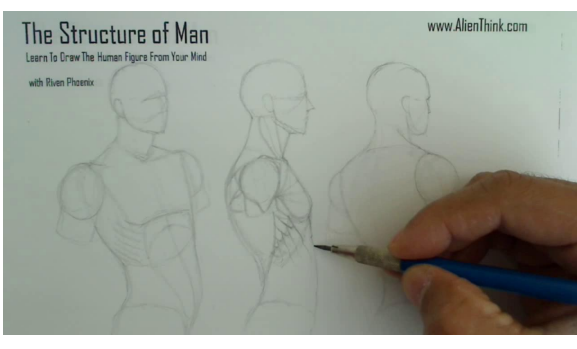
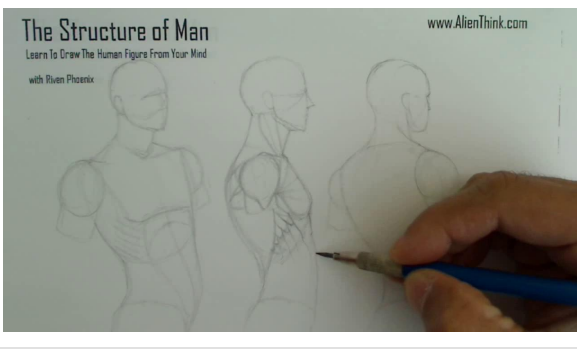
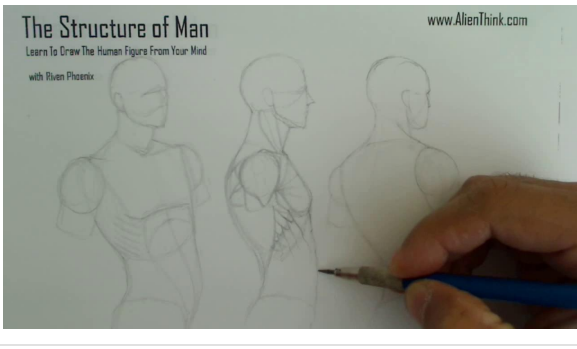
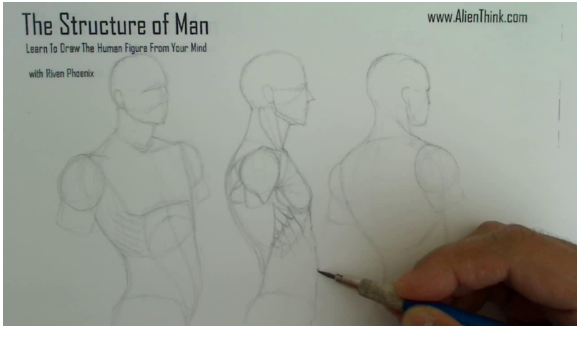
141		So at most you will just see four, one, two, three, four,
142		and you'll sometimes see the fifth one.
143		So here we solve that problem very quickly, right?
144		So we here, we're just getting the mind used to the mannequin system

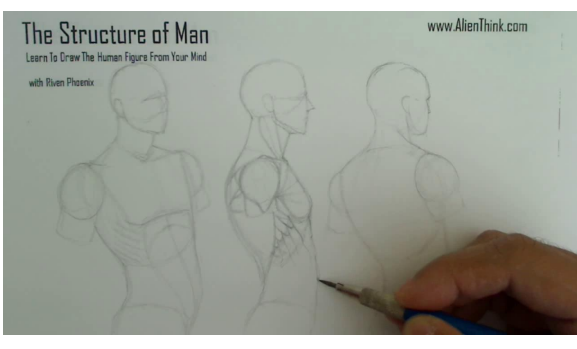
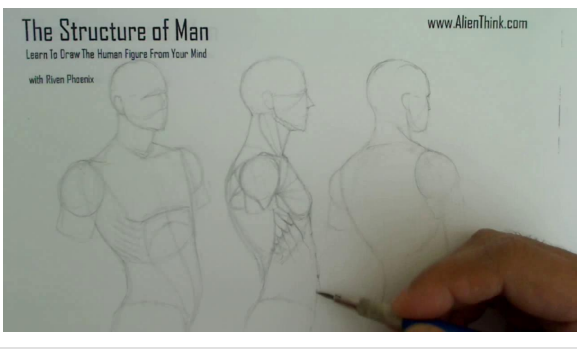
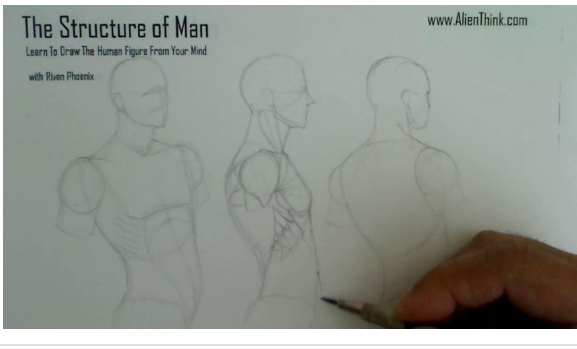
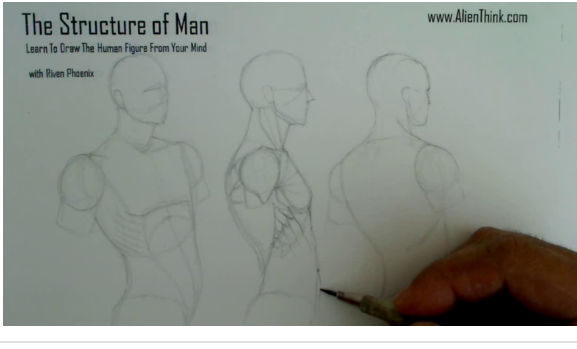
145		and how to solve these formulas over here, right?
146		So we know that, right?
147		So now we've got to think about, okay, well,
148		we know that, okay, look, the chest cavity is going to be here, right?

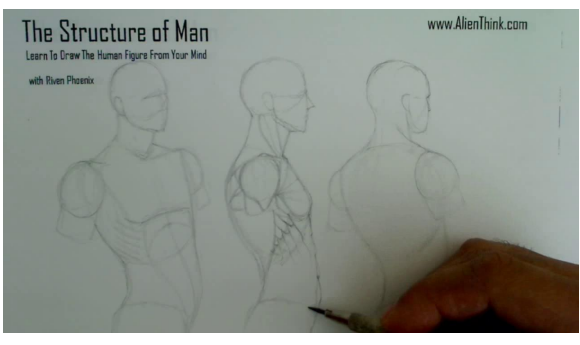
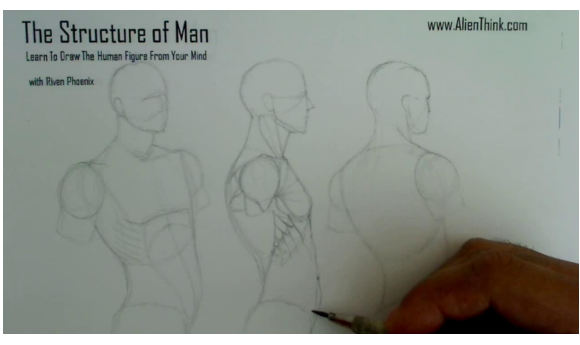
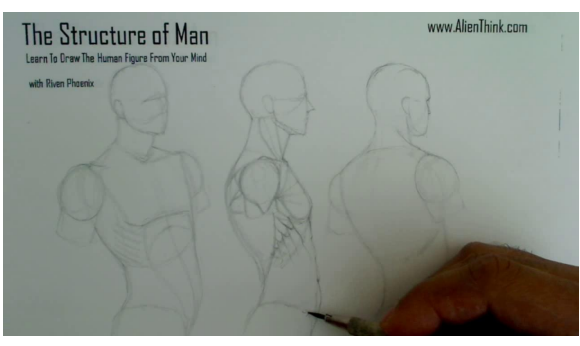
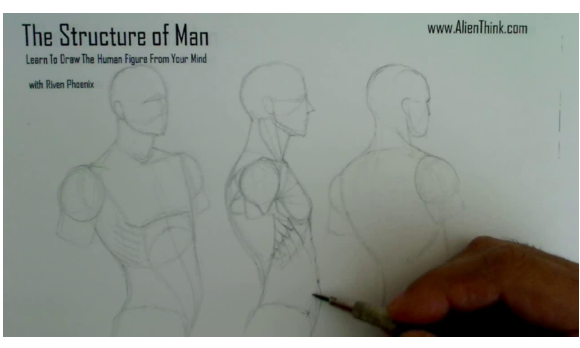
149		So we know that, right, it's going to like go like this.
150		So meaning that now you want to use the line of understanding,
151		say that, okay, this line really is just going to go like this
152		over the chest cavity, right?

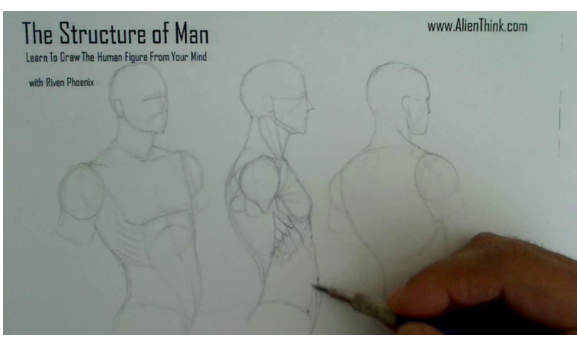
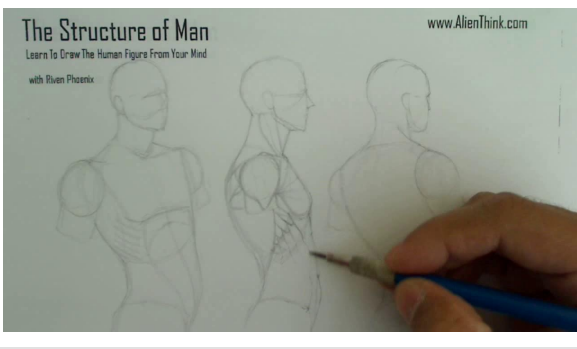
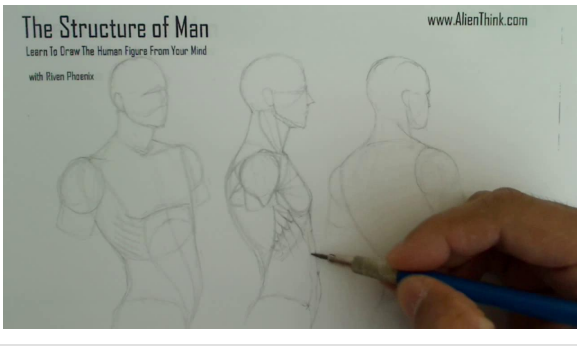
153		And then over here, when we get to, here we're going to like,
154		do the pack muscles a little more bigger over here,
155		here we get the chest cavity.
156		So I'm going to use the line of understanding.

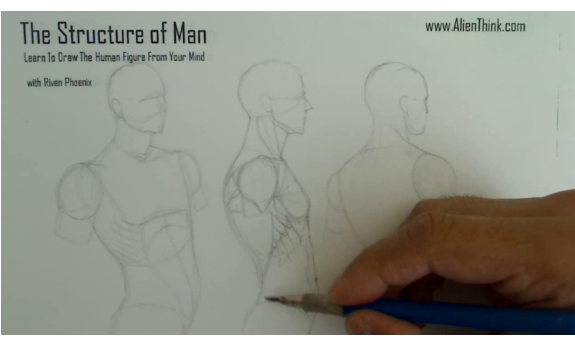
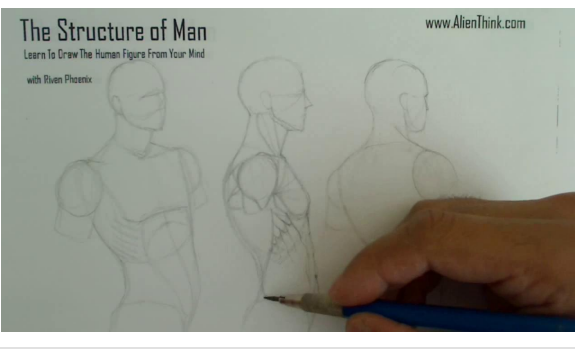
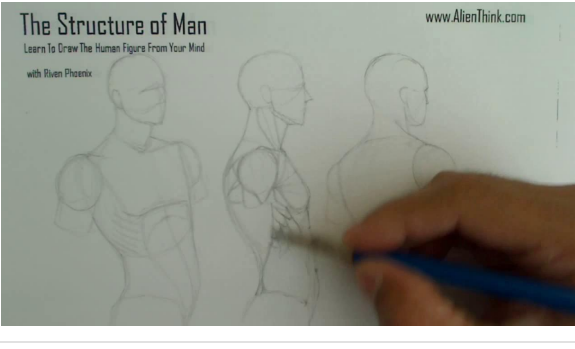
157		I'm going to say that, okay, let me think about this.
158		I'm going to get this over here.
159		I'm going to get the first muscle for the abs, right?
160		And then it's going to go like this.

161		Then I'm going to get like another bump for it.
162		Then over here, I'm going to get another bump.
163		So meaning that the navel is going to be here, right?
164		And then from here, it's just very simple.

165		I'm going to now think about that in reality,
166		I know that there's a stomach area.
167		So it's probably just going to go like this.
168		And then it's going to go inside, right?

169		So here's that area that we talked about.
170		That it's obviously going to be, here's that X, right?
171		What the love handle is going to be.
172		And this is basically it.

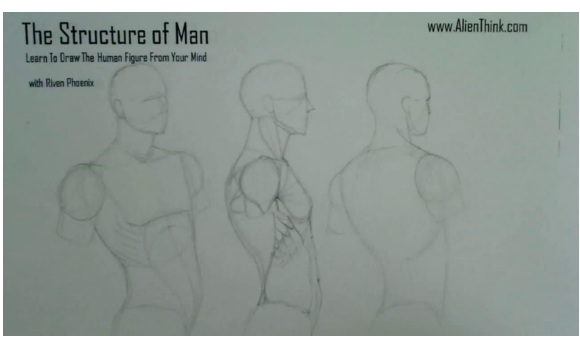
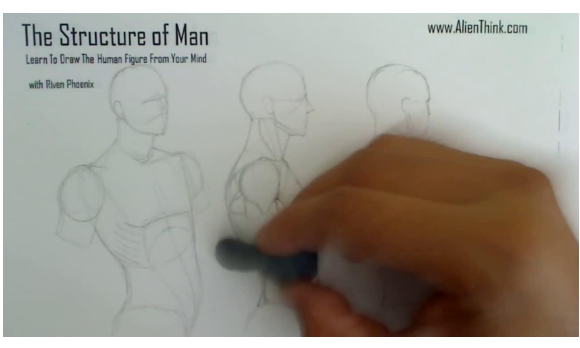
173		We just get the oblique muscles.
174		And we know that we get that white area here for the abs,
175		just like this, right?
176		And we know that when the oblique muscles go like this,

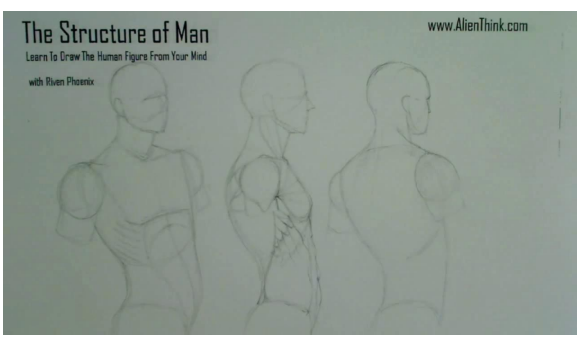
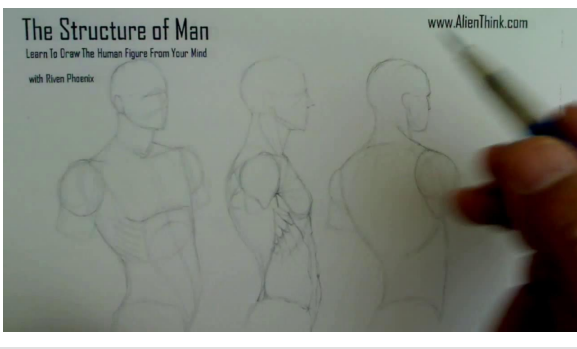
177		they're going to go up in this direction
178		and we're going to get like this triangle over here, right?
179		And that's it.
180		So here we've solved this problem here of this connection, right?

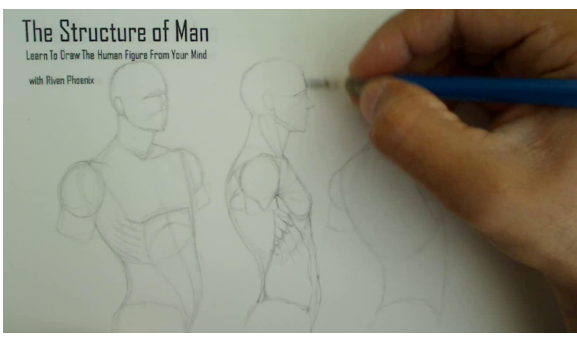
181		So notice that this connection really has to do with,
182		look, who is really the muscle,
183		the part of the body that's in front of us, right?
184		We don't want to think this in a flat way

185		because otherwise it will not make sense.
186		It's the shoulder.
187		If the shoulder is in the way,
188		you're really never going to see this connection.

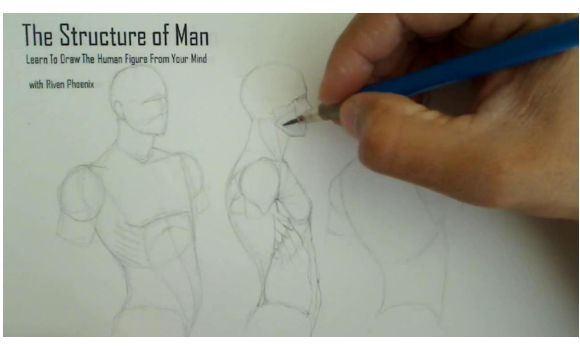
189		We just know that, right?
190		It's going somewhere in here, right?
191		So it's just going to be like this
192		and then you'll get your bicep like this, okay?

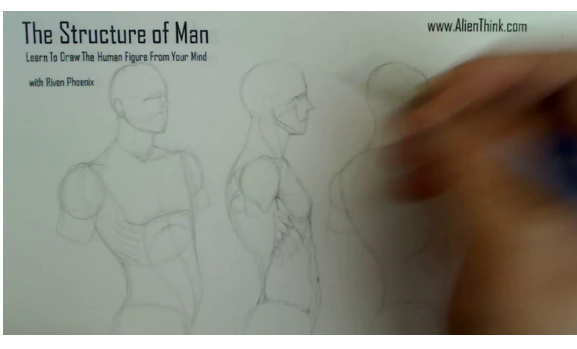
193		Okay.
194		Okay, so we got that problem solved.
195		So now all we have to do is just like you raised this stuff
196		and go like this.

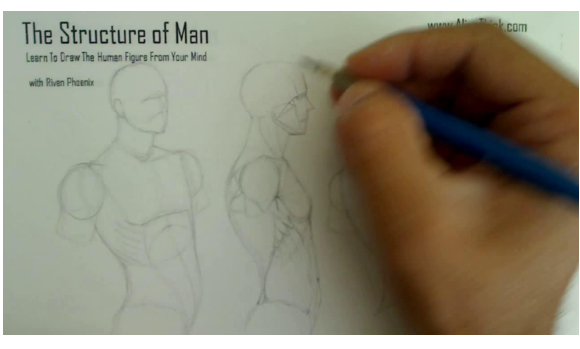
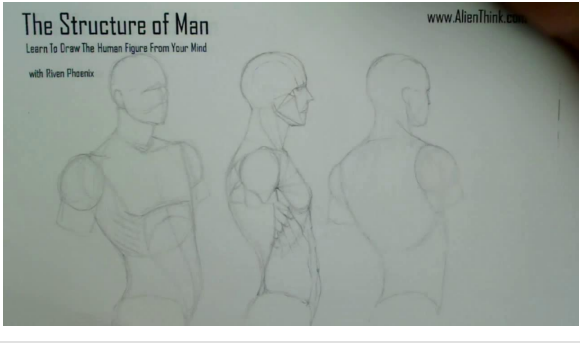
197		So now, once we've done this,
198		we can now think about the forms.
199		Okay, well, this is going to be the form over here
200		of the area for the eye, right?

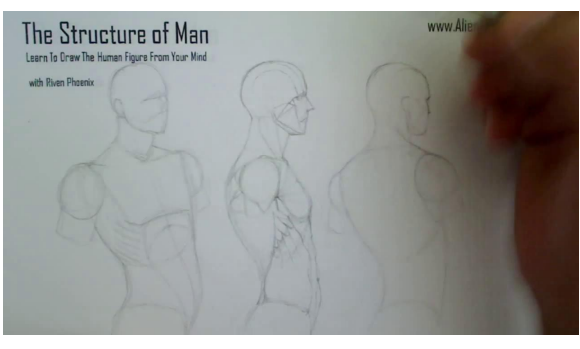
201		So we understand how this section works, right?
202		You can see that it's almost like this powerful system
203		that we've come up with that allows us to understand what is above,
204		what is inside, right, where the eye bags,

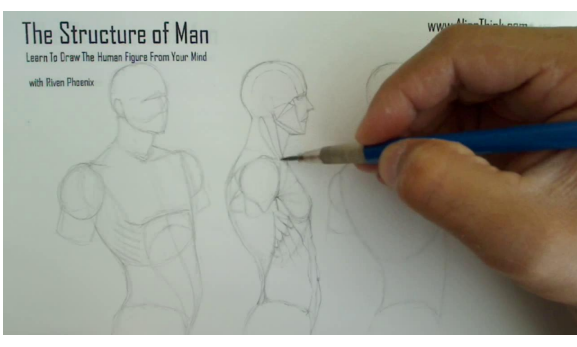
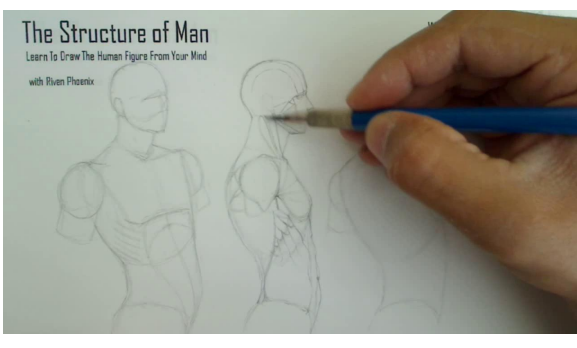
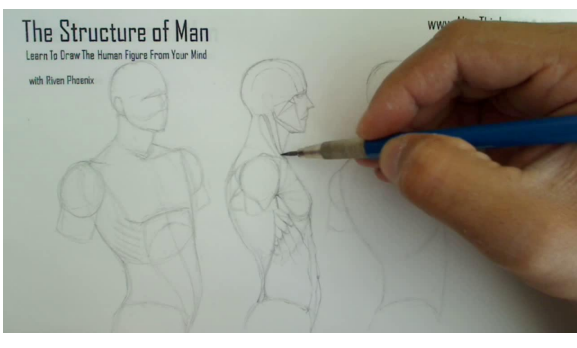
205		what's under the eye, right?
206		So in this same idea,
207		we can also do the same thing with the chance cavity, right?
208		And here I'm just going to quickly do this.

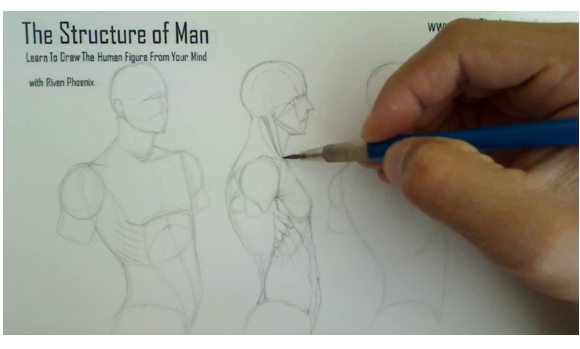
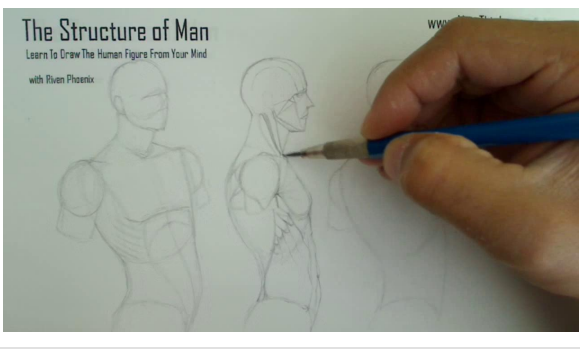
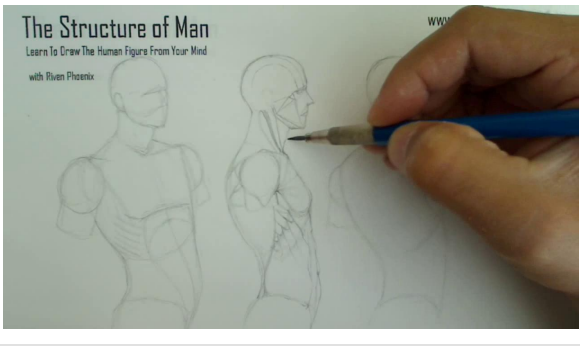
209		You know how to do this, right?
210		It's very simple over here and then you get the forms, right?
211		So I'm going to get this form here
212		and I'm going to get this form over here, right?

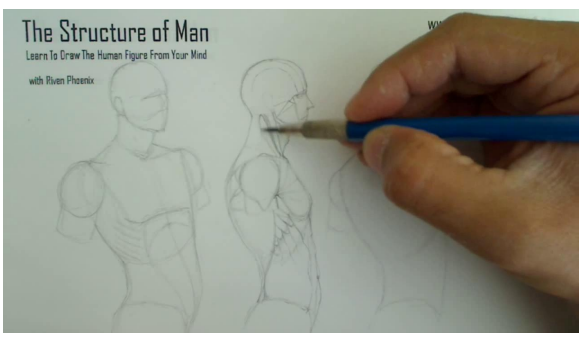
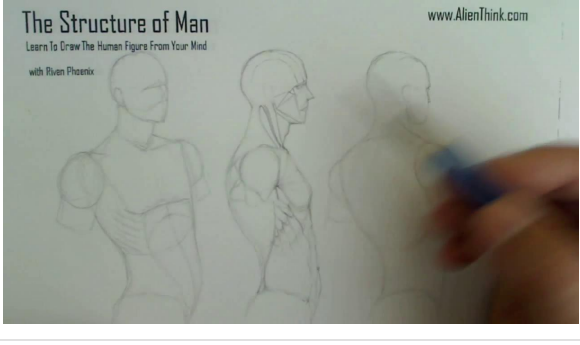
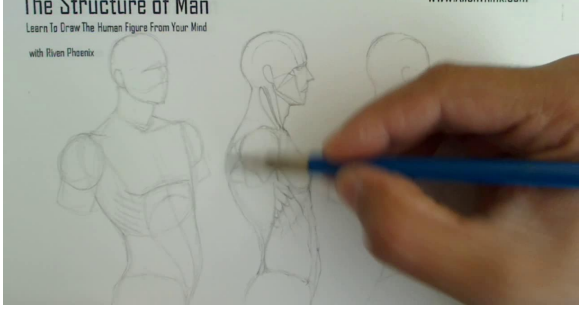
213		Just like this, I'm going to get this form,
214		this idea over here for the forms.
215		Just lighting up some of these concepts.
216		And over here, I'm just going to get this form over here,

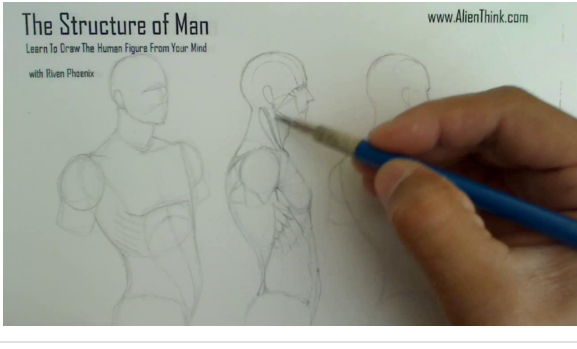
217		right?
218		I'm going to do all of this stuff lightly over here first.
219		And then this will just go over here on the other end, right?
220		So we got this understanding done.

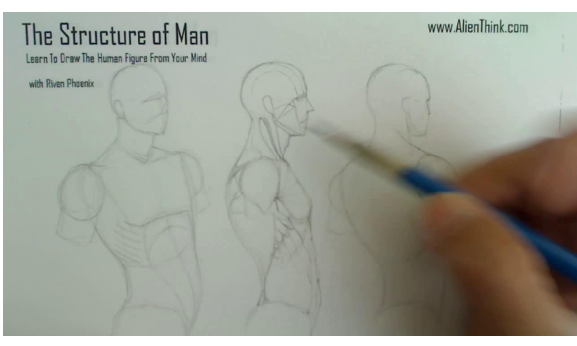
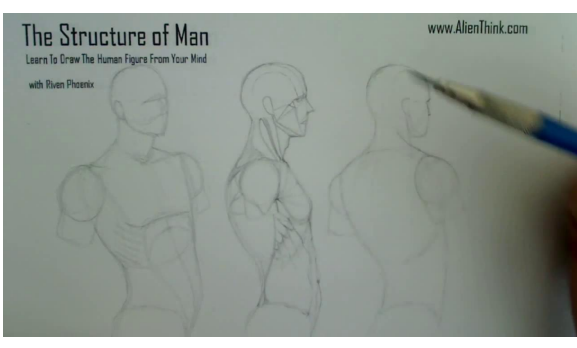
221		So now if we think about the forms,
222		we'll like, okay, well, this makes a lot of sense
223		because really the muscles from the neck
224		are really going to be just a form,

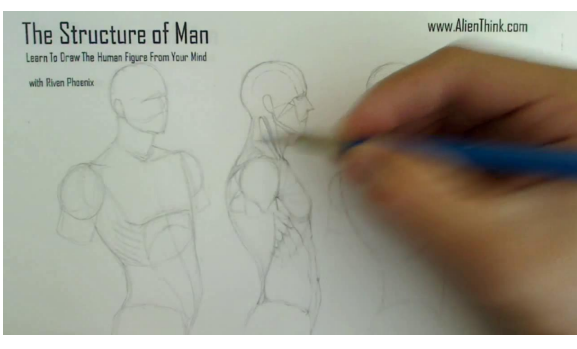
225		meaning that the form really is like this, right?
226		You would get like a shadowy area over here on the muscles for the neck, right?
227		So let's think about this in shadows.
228		This is going to be my form over here for the neck, right?

229		And I know that over here it's going to split, right?
230		So I just need to show that as an idea, right?
231		So over here, I'm just going to get my atoms up.
232		Over here, we know that, right?

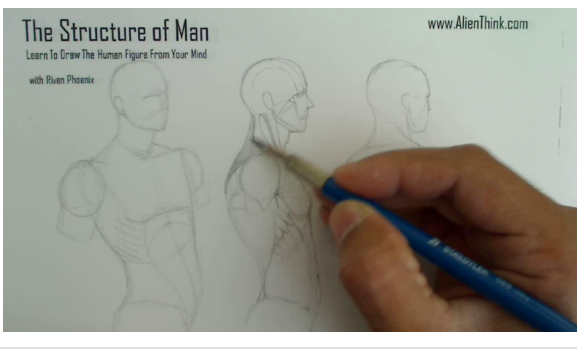
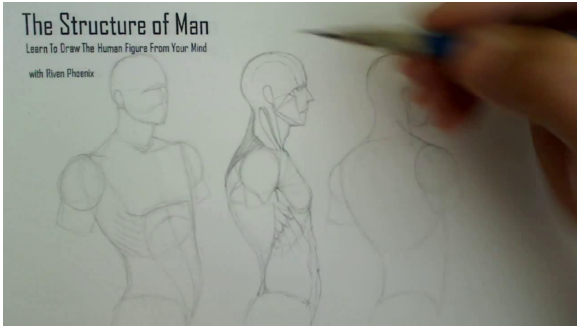
233		Now let's think about this as a form.
234		So let's say that the light is really just shining this way over here, right?
235		So how would this form be on the back?
236		Well, let's just think about this.

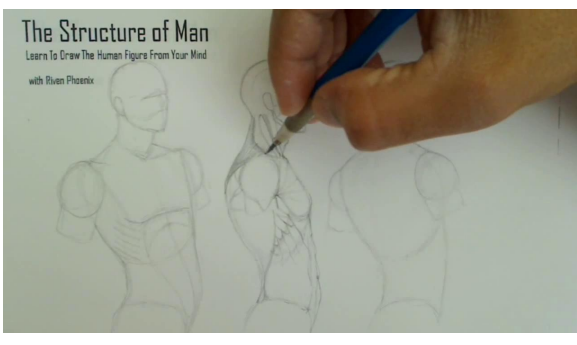
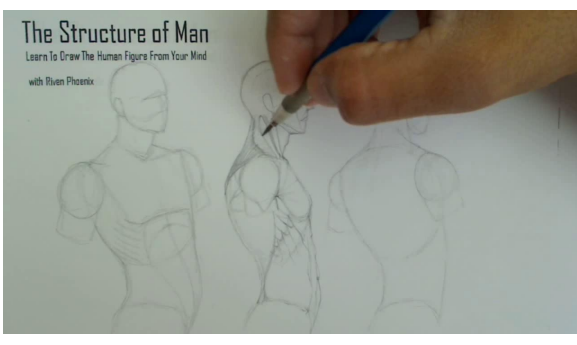
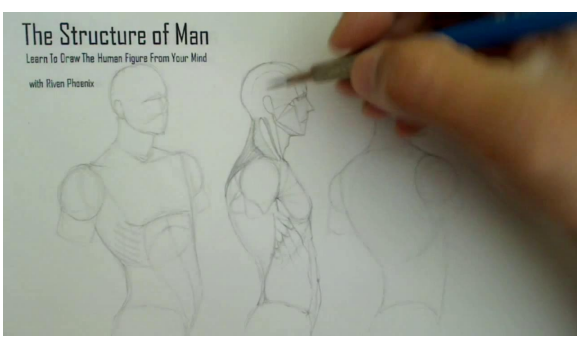
237		We know that we got the line here for the scapula, right?
238		So this form would really be like this, first of all, for the back.
239		So it would be coming like this, right?
240		If the light is hitting this area,

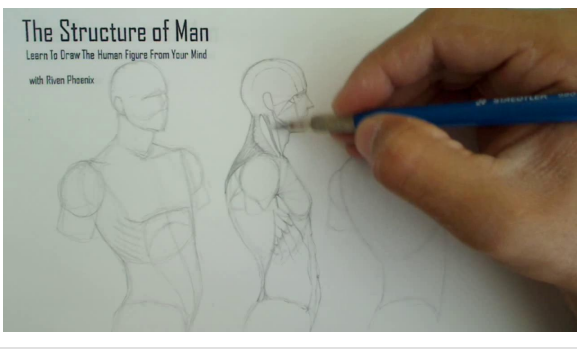
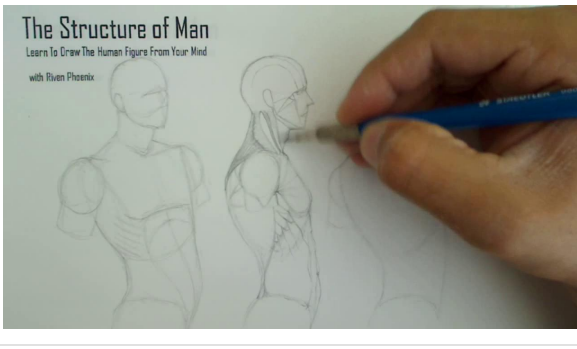
241		you're going to get the form to be like this over here, right?
242		Because it has to go on top like this over here.
243		So this form really is just going to be like this over here, right?
244		Because you got to think of this in 3D, right?

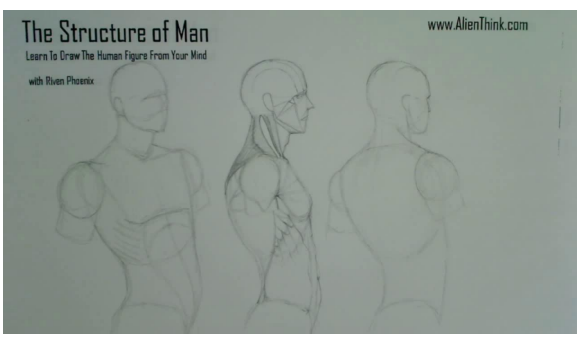
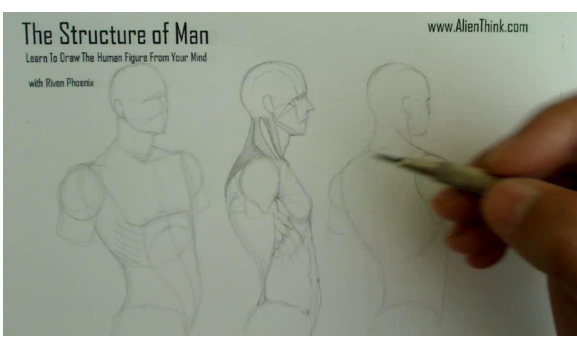
245		This is going here, but look, it starts to come.
246		So here, I'm just going to say that this is my form here.
247		So I'm just going to shade this in like this, okay?
248		And this is just going to go here, right?

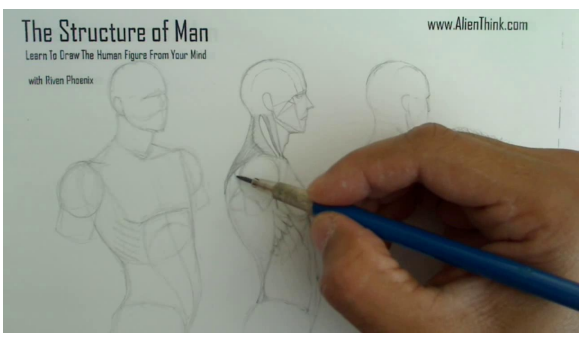
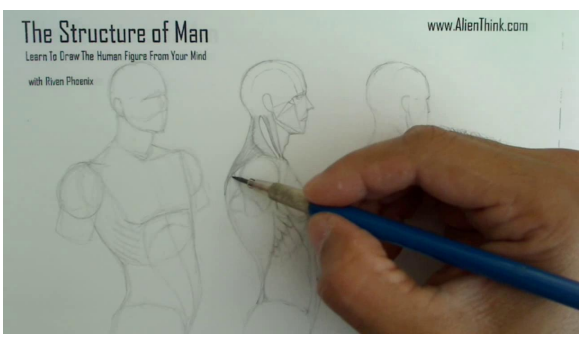
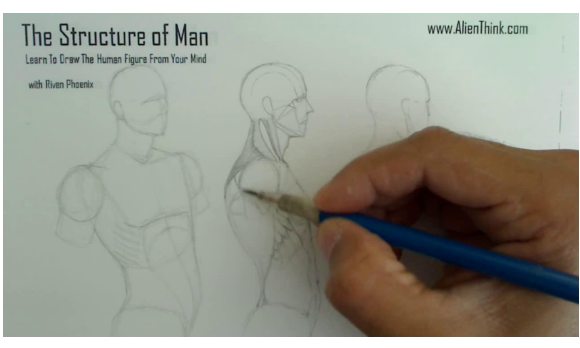
249		We know that it's dropping off and it's going to go in the back.
250		But really, this is like the form for that muscle, right?
251		So this is how we can learn to shade our ideas, right?
252		So now when I put the idea for the muscle,

253		it's going to be much more shaded.
254		Right, so here I'm just going to darken this area up
255		and just bring it down like this.
256		Right, so here when I come to this idea,

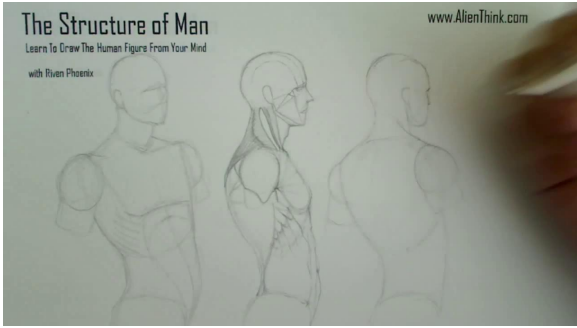
257		I'm just going to very lightly do this,
258		showing that this is just a muscle over here, right?
259		So over here is the same idea over here.
260		I'm going to get like this.

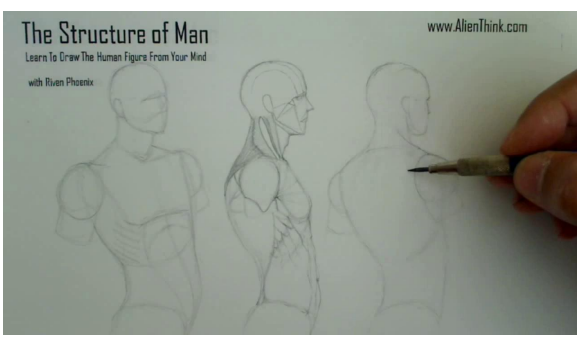
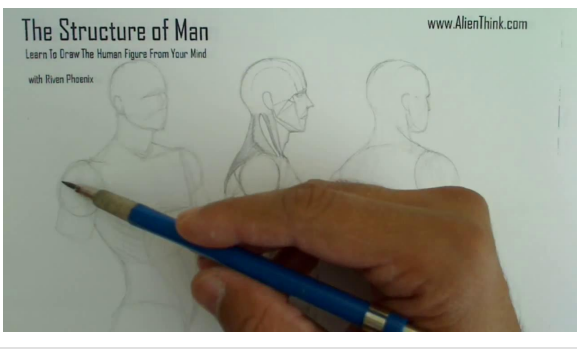
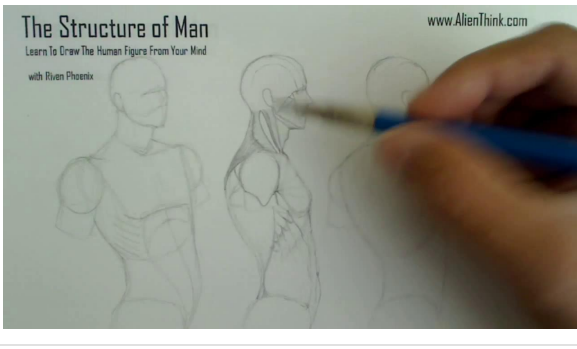
261		When the light shines, I'm going to get much more of a darker area
262		and all of this is just going to be this muscle, right?
263		So just do it very lightly so you can start to see these shadows.
264		Right, I'm going to just darken up these outlines here

265		to bring out the muscle over here more.
266		Okay, so now
267		we can start to understand what's going on over here.
268		So we know that, right, this is really the...

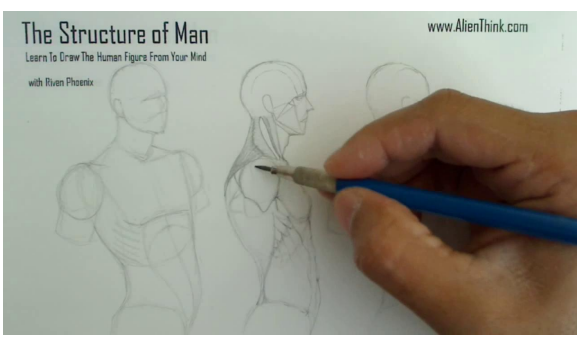
269		This guy here really doesn't, never goes in the back
270		all the way to the scapula, right?
271		We know that it comes this way,
272		and then I'm going to get the idea for the shoulder over here

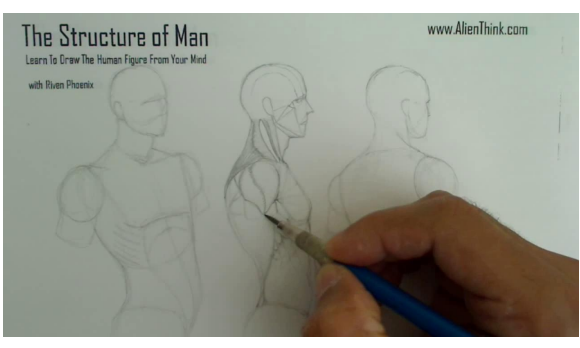
273		and it's going to come around my cylinder shape
274		and it's going to go like this,
275		and it's going to be much more in front of us.
276		So this means that we're really just going to get more of a line

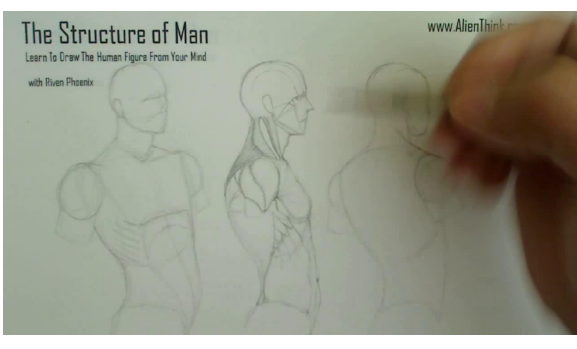
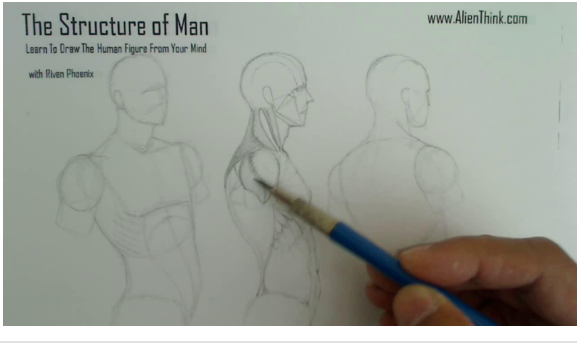
277		like this, right?
278		It'll be in front of us,
279		and this guy is going to be on the back, right?
280		It's in front of us,

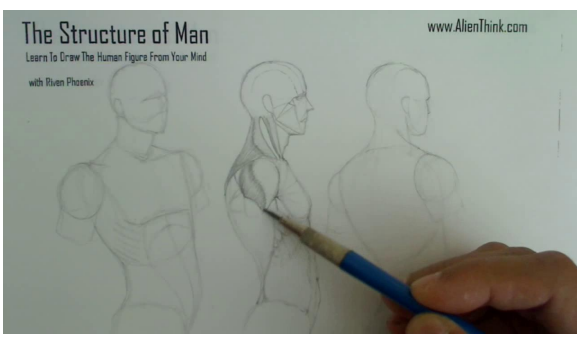
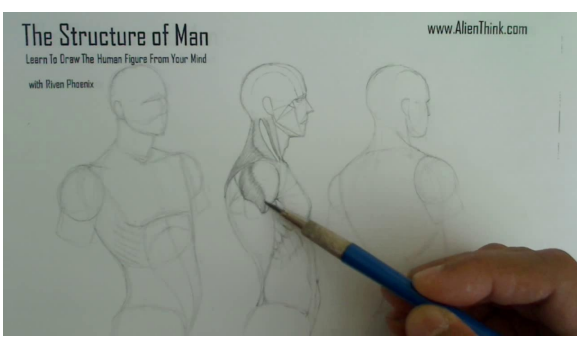
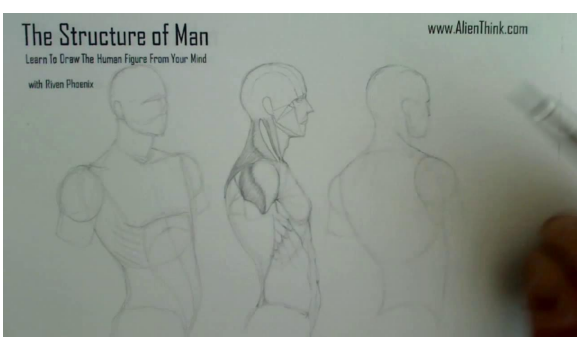
281		and the chest cavity is over here, right?
282		In front of us here.
283		So now to make this into a form, right,
284		we're just going to not think about the light source.

285		It's going to come here.
286		So I'm going to get...
287		I know about the ball shape over here, right?
288		So I'm going to get the light source,

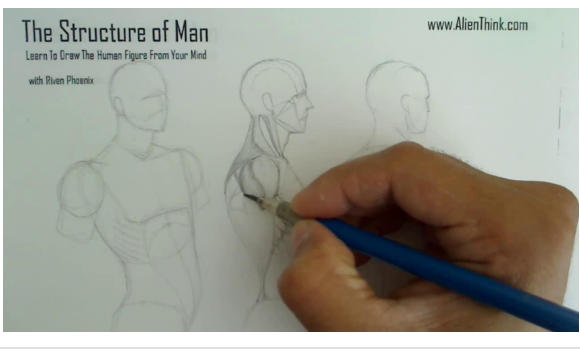
289		really just coming like this,
290		over here, and it's going to go like this, right?
291		Because it's going to be hitting this area over here.
292		I know that it comes around,

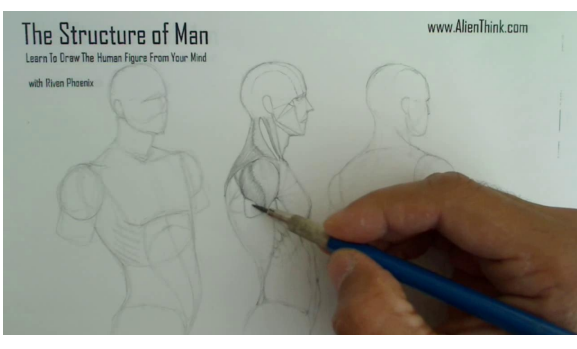
293		but I also know that it's going to go like this, right?
294		So for this, I'm just going to do it this way over here,
295		first like do some kind of shading here,
296		just to understand,

297	 The Structure of Man Learn To Draw The Human Figure From Your Mind with Riven Phoenix www.AlienThink.com	and then once that's done,
298	 The Structure of Man Learn To Draw The Human Figure From Your Mind with Riven Phoenix www.AlienThink.com	we can now start to add our shadows over here.
299	 The Structure of Man Learn To Draw The Human Figure From Your Mind with Riven Phoenix www.AlienThink.com	Right, and we can now smooth this understanding out a little more.
300	 The Structure of Man Learn To Draw The Human Figure From Your Mind with Riven Phoenix www.AlienThink.com	And then over here,

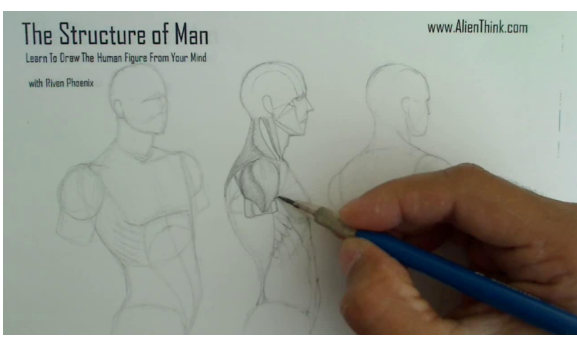
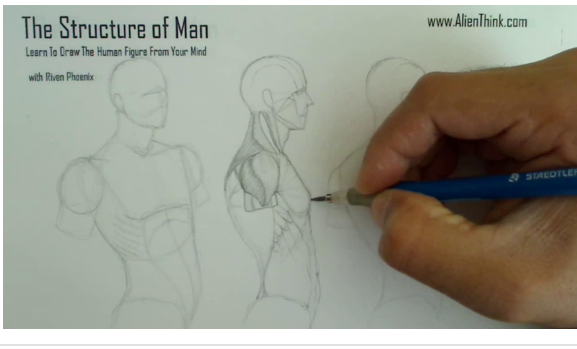
301		we can now simply just add the shadow work first,
302		right, so we know that, right,
303		this is really in shadows like this over here.
304		And now, when we put the line down here for the muscle,

305		we know we're going to get a little bit over there,
306		and now I can very, very lightly start to put down the fibers for the shoulder.
307		And over here, we can put more here to show that that's really just texture.
308		And here in the back, it's going to be just a little bit like this over here.

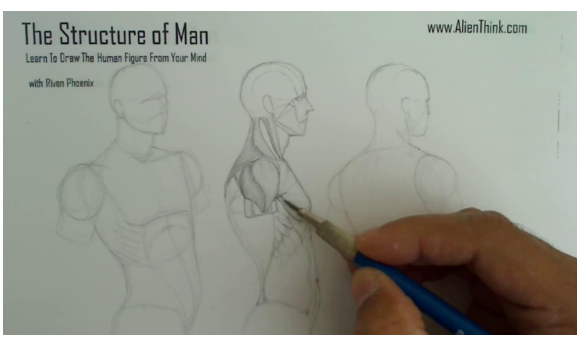
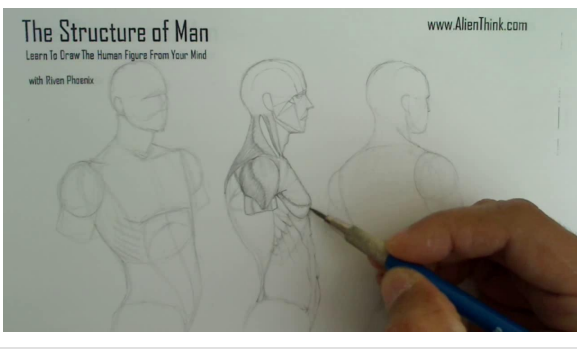
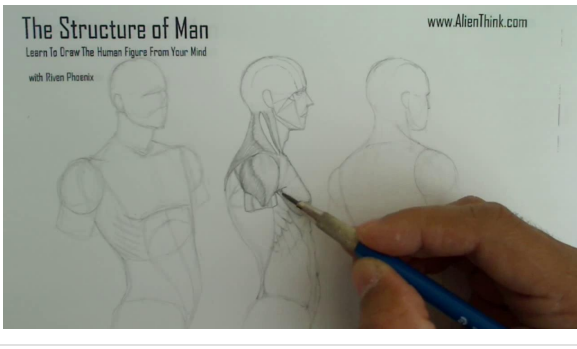
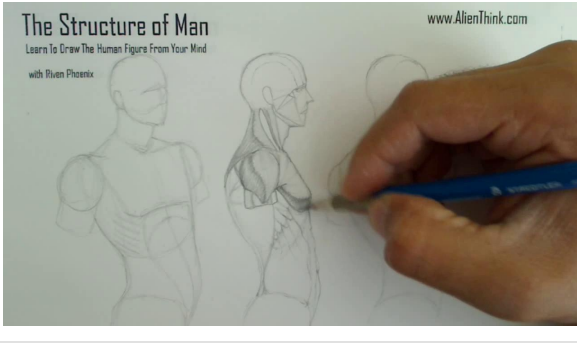
309		Okay, so this gives us the understanding of the shoulder in the form area, right?
310		So we just, we know how the muscles are, right?
311		And over here, we're just going to get the triceps.
312		So we can just do a little bit of light like this, right?

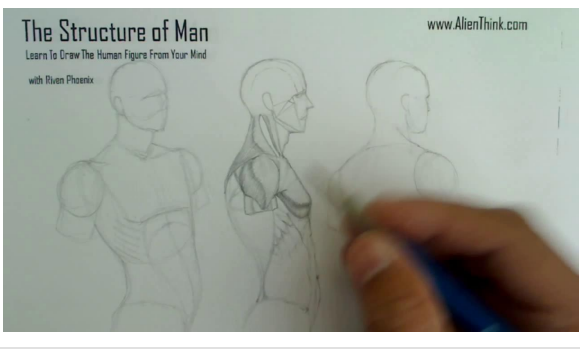
313		It doesn't really matter because the triceps are going to kind of like sticking out, right?
314		So we can do it like this over here just to show that, right?
315		Just like this, like the four.
316		Let me know that, right?

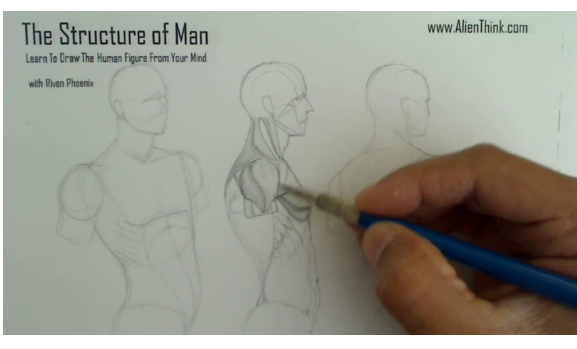
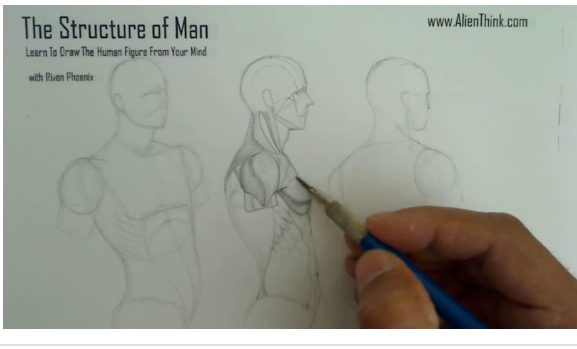
317		The biceps grow.
318		We're going to have kind of like the same thing, right?
319		And then you're just going to get like this idea over here.
320		Okay, so now we're going to think about this idea here.

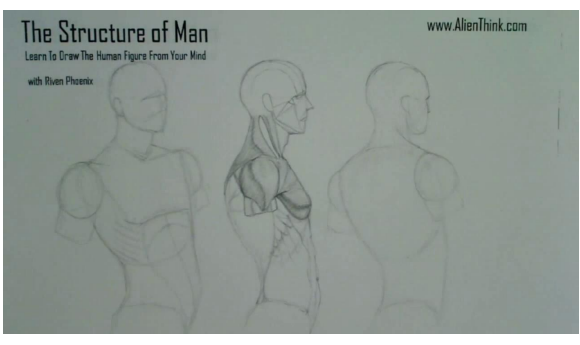
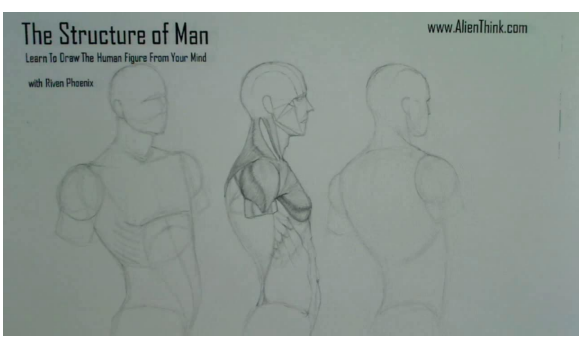
321		We know that the lines are going to be here.
322		So for this, I'm just going to do it this way.
323		Now we're going to think about this idea as a complete form showing that okay.
324		We get the idea that it's going to be connecting this way over here.

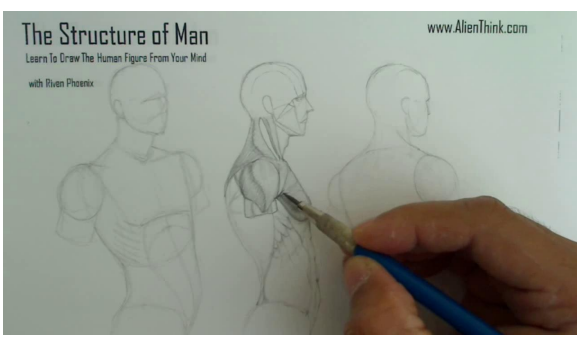
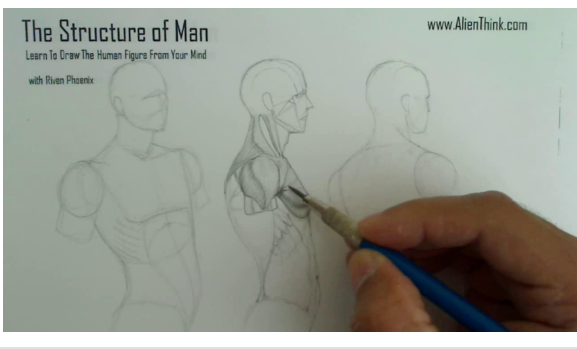
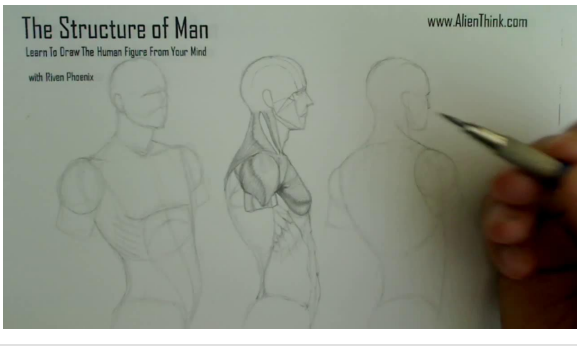
325		We're going to get like this line.
326		And then I'm going to get my form for this over here, right?
327		So I'm going to basically get the muscle to be like this.
328		So this means that over here, the light is shining.

329		I'm going to get this dark area here first, like so.
330		And then here I'm just going to very, very lightly shape this here, right?
331		Just build up your shadows pretty quickly.
332		And then you can hear on the bottom build up the shadows a little more, right?

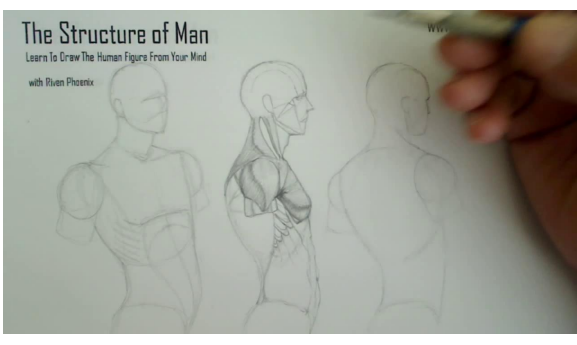
333		And just smooth this out like this.
334		So notice that we did this line here and did this, right?
335		So we'll understand that okay, I can do like a line like this.
336		So that's it, right?

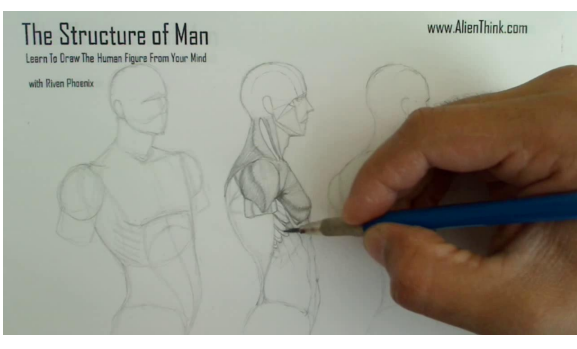
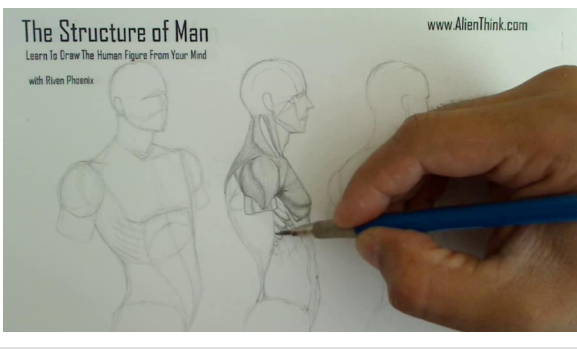
337		And then we can just put the fibers for the muscle going in this direction, right?
338		And these lines here for the muscles are fine to put like deeper lines.
339		But this tells you that these can be forms too.
340		Here we'll just leave it like this.

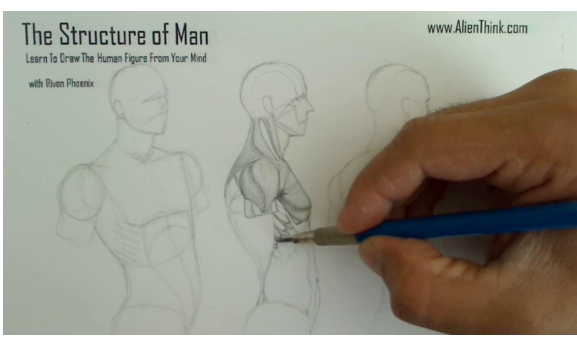
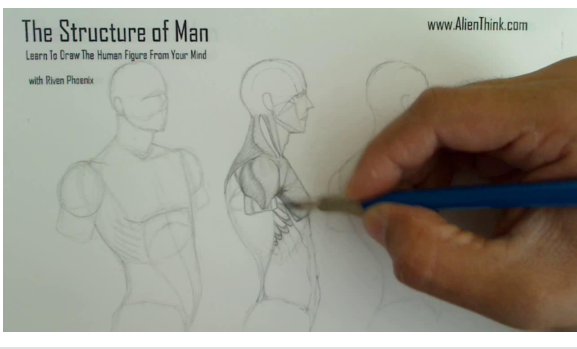
341		And here I'm just going to get really my forms to be going in this direction.
342		Okay.
343		Right, so when we get this line here, we can say that okay, well,
344		I want to put another line here, right, to make it go a little more up in that direction, right?

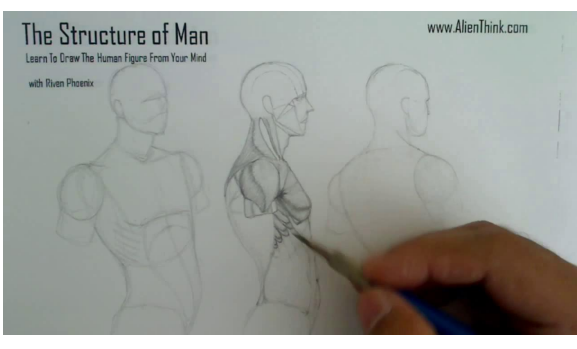
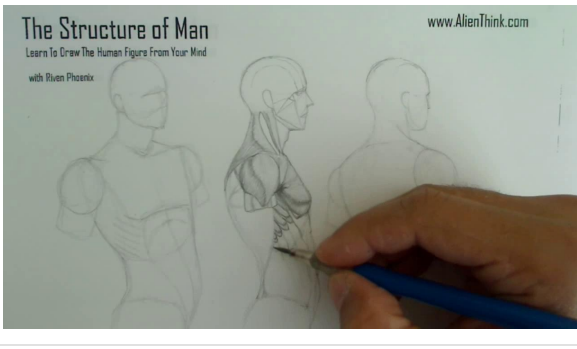
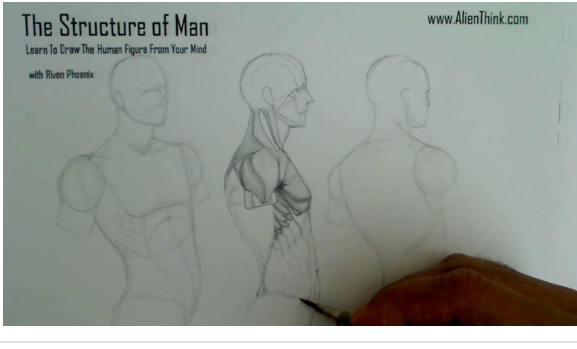
345		And even this idea here can be turned into a form like this, just like this.
346		You can put like these lines here.
347		Okay, everything else is now going to be very easy.
348		We know that obviously this is going to be a form.

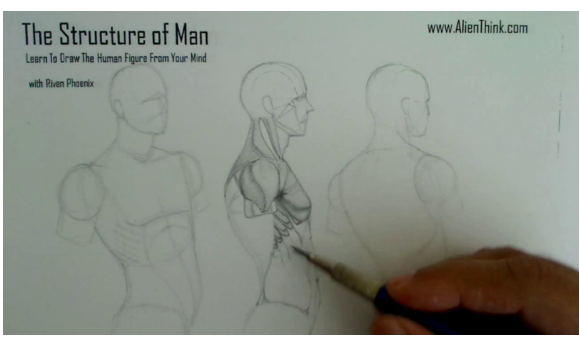
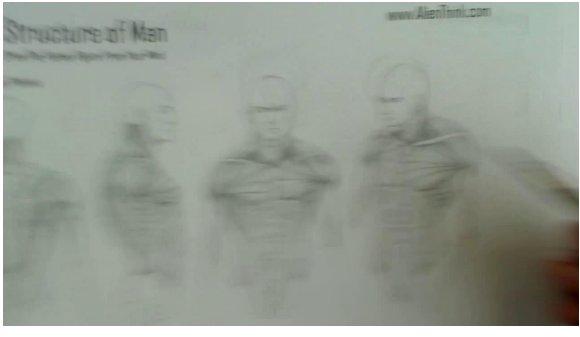
349		So I'll do like a shadow work here, shadow, shadow, and shadow, right?
350		And then here we can just fill these guys up very quickly over here.
351		Right, so I'll get this line here for this area.
352		And know that under the chest cavity, we said, sorry, under the peck, we said that, yeah,

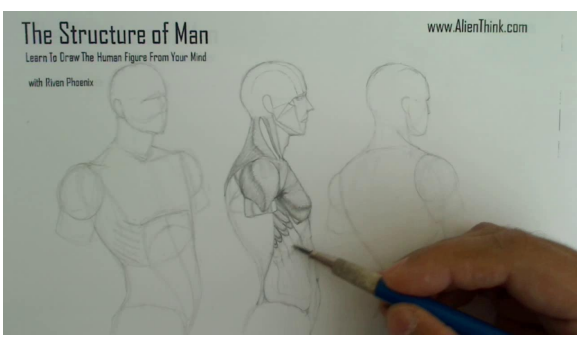
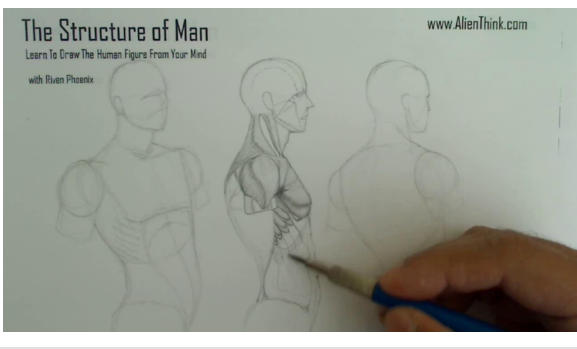
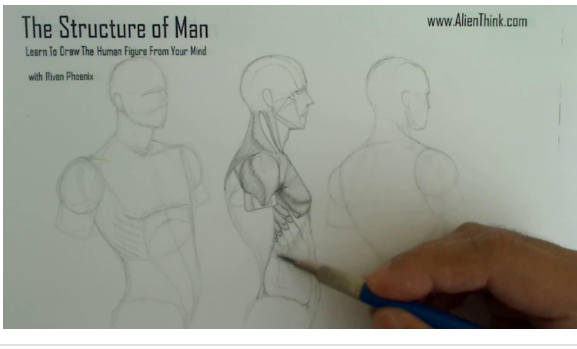
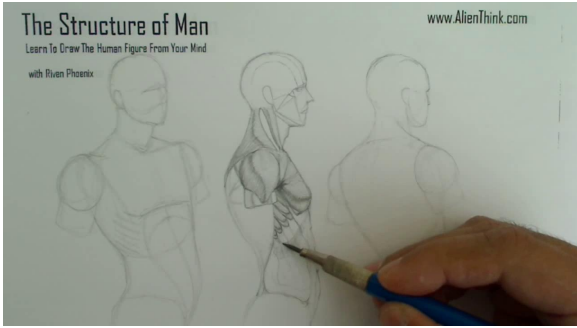
353		we're going to be like another muscle that comes out this way.
354		Okay, so here I'm just going to add like a dark area here.
355		I'm just going to quickly shade this in.
356		Okay.

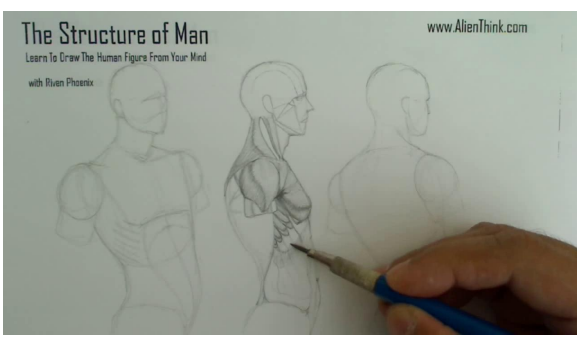
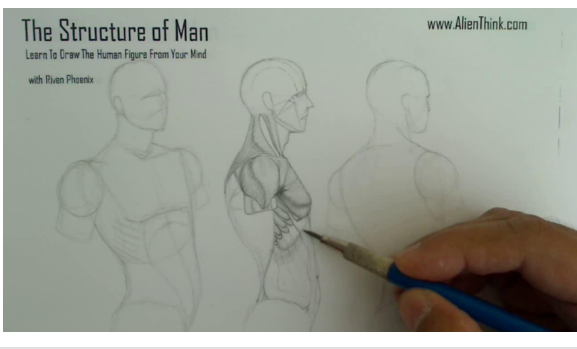
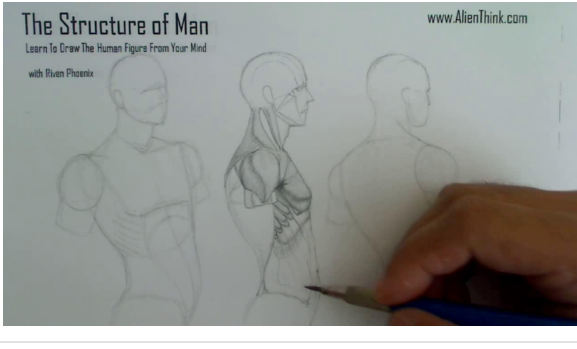
357		I do the same thing over here.
358		I do the same thing over here like this.
359		Same thing.
360		So here I'm just going to get it this way.

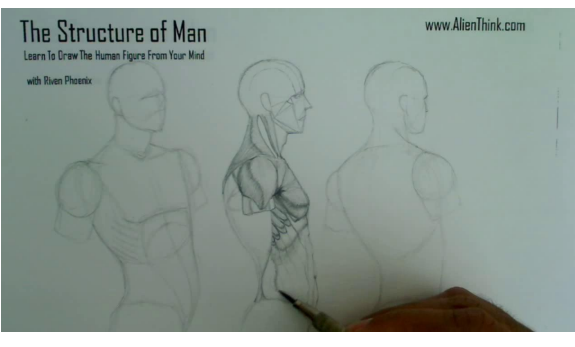
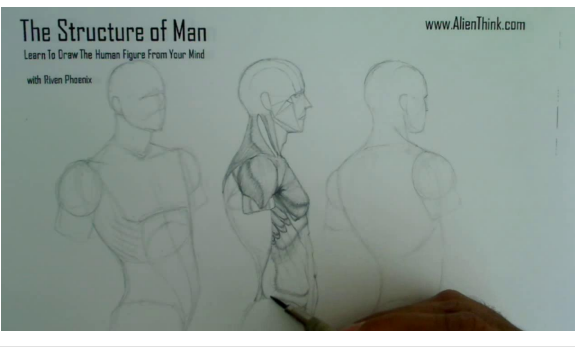
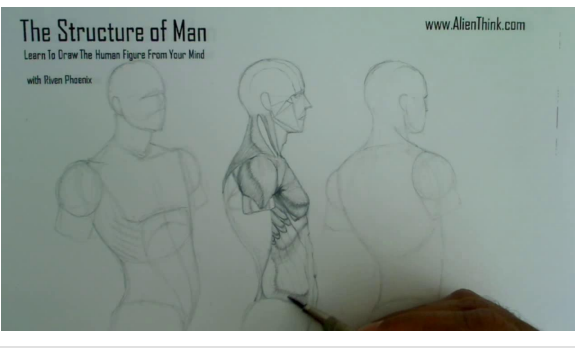
361		Right, so this helps to now understand how to take the muscles and begin to really understand the idea of the forms.
362		And over here, this is just going to be obviously all dark, but I'm just going to leave it like this.
363		Right, the way it is.
364		Okay, and then once we get that, we can just put some very likely put the idea for the fibers.

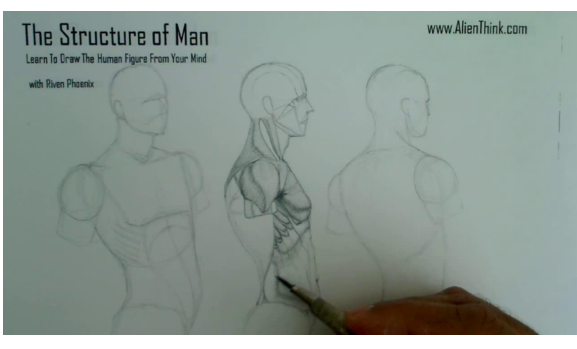
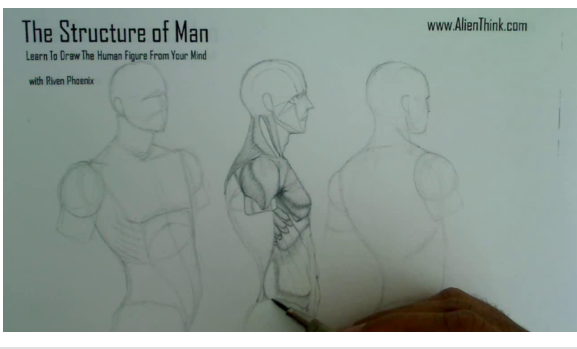
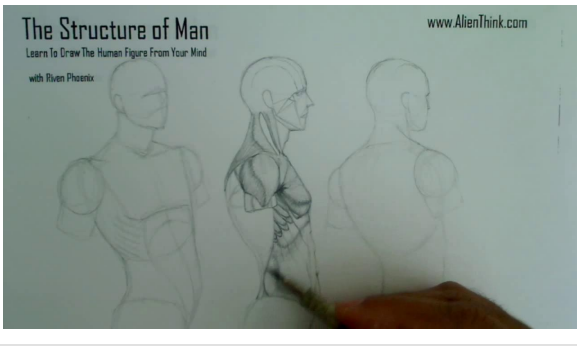
365		Okay, and now we're going to get this line.
366		So now we're going to say that, okay, well, really I'm going to understand this from this idea here that I want to use the line of understanding to grasp this concept over here.
367		Right, what exactly is going on with the love handle?
368		So the love handle we know is just going to be like this and it's going to go in the back.

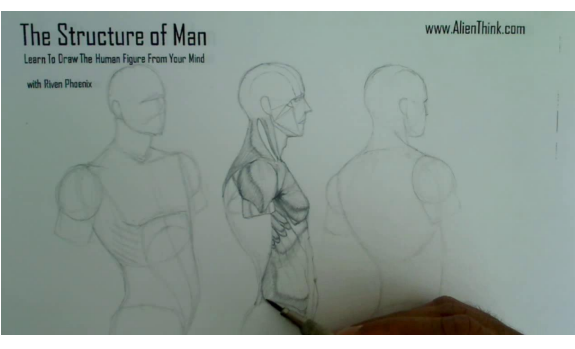
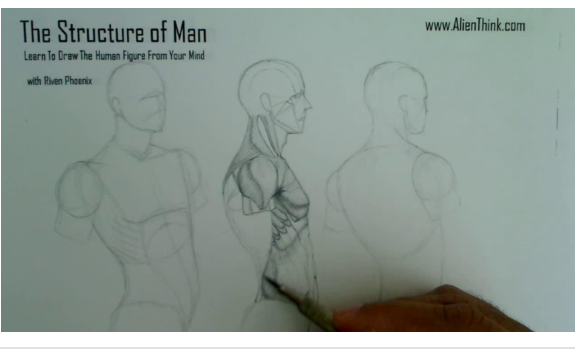
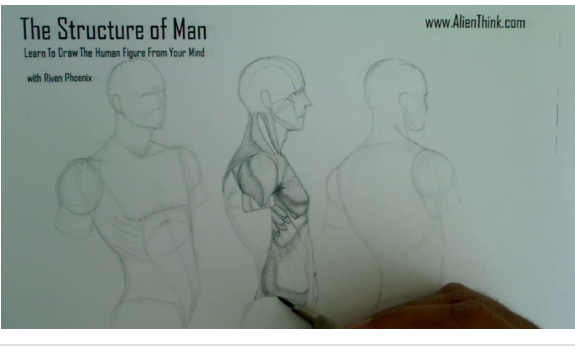
369		Right, so if we think about this, we're going to say that, okay, well, the love handle, the shadow of it is going to be like this.
370		Right, and then obviously that it's on the side over here, the shadow of it is just going to go like this over here.
371		So what does this, what does this tell us about this curve over here?
372		Right, it tells us that this area here on the chest cavity is going to be also in a shadow.

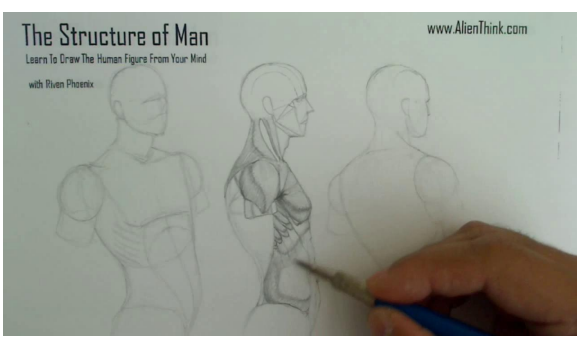
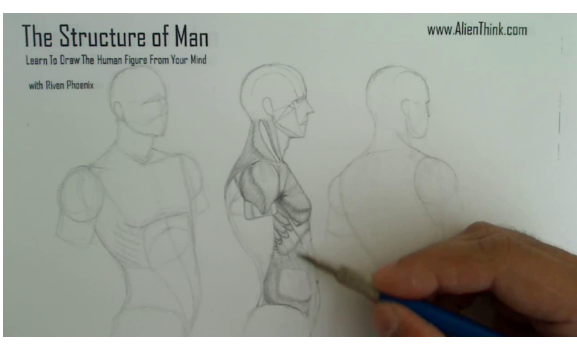
373		Right, so this area under the, under the chest cavity over here, we are going to actually get a darker area like it goes inside.
374		Right, it's going to be kind of like inside.
375		So here we're just going to lightly first put like this idea here.
376		They're right.

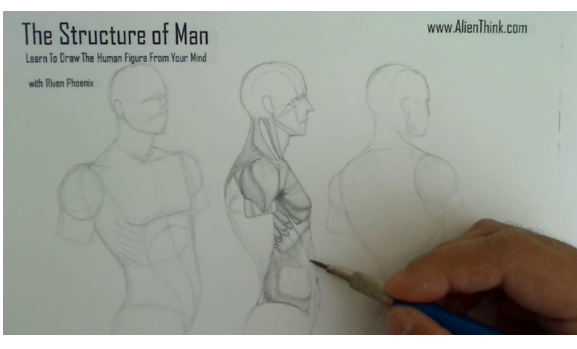
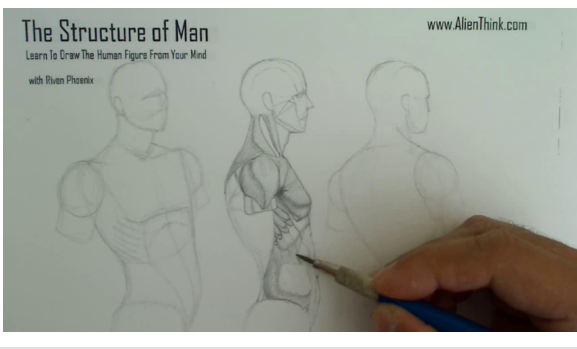
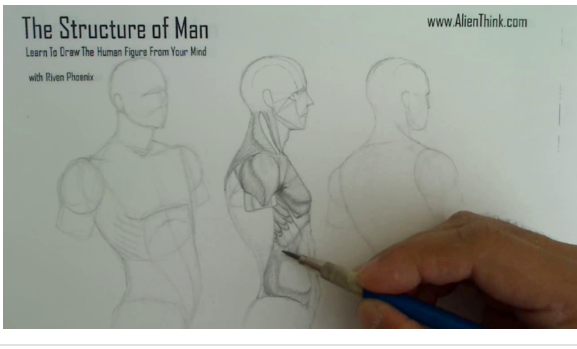
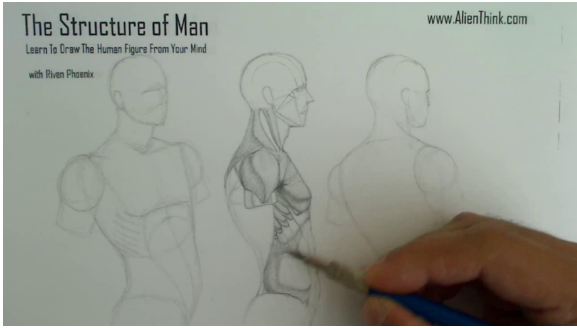
377		We're going to now take into account the bone structure in the in the background of these muscles over here.
378		Right, so we know that right.
379		The bone structure definitely is going to make an impact on the chess cavity over here.
380		And now all we have to do is really now experiment with the shadows and now start to finish up.

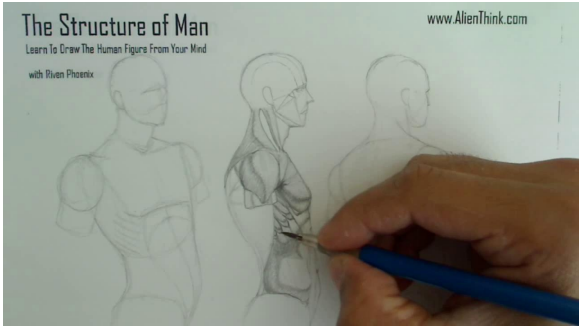
381		This idea here, right, this idea has to be built up.
382		So here what you're going to get now these lines over here for the,
383		the love handles.
384		Right, first do this.

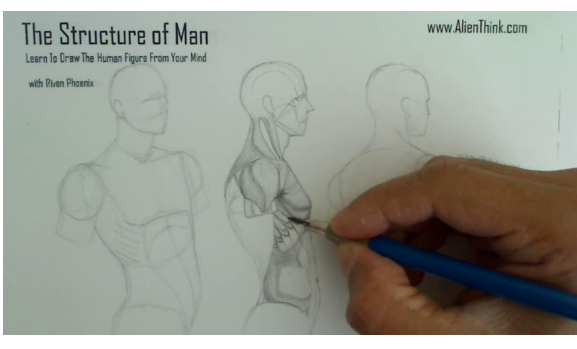
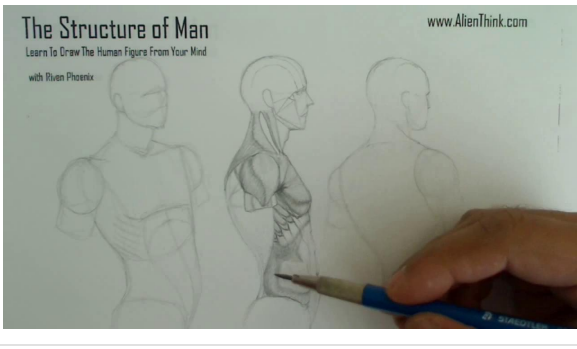
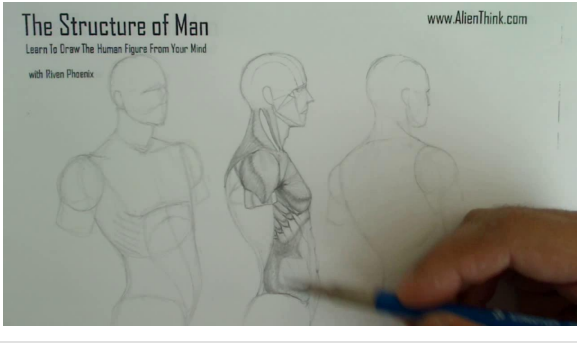
385		So this is basically what the light is striking.
386		And of course over here it's going to be kind of dark.
387		So here I'm just going to rough in some ideas here first.
388		Just give it like a layer first.

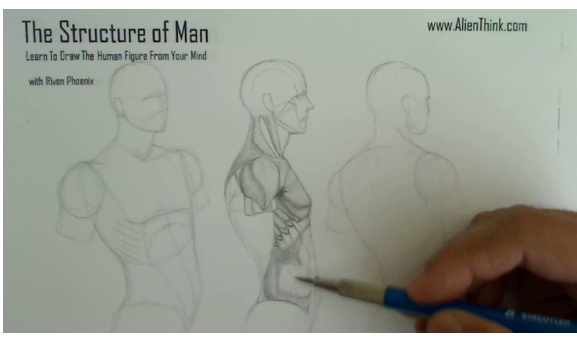
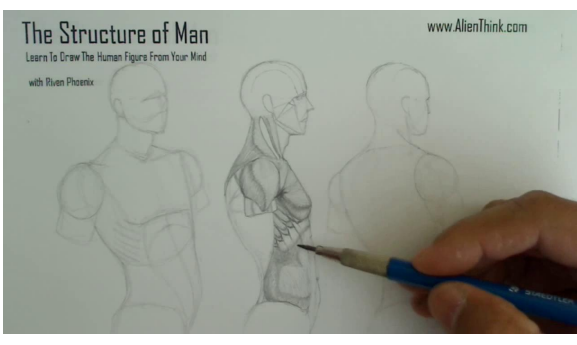
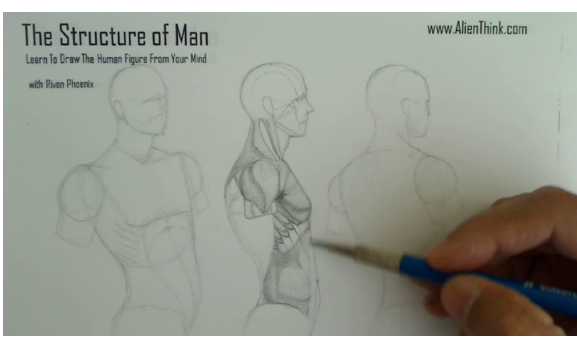
389		Right, give it a layer and then start to build up the shadow over here.
390		Right, start.
391		Make it a little more dark in this area over here.
392		Right, so I know that right.

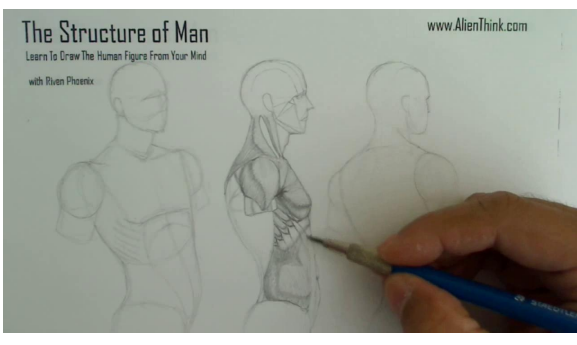
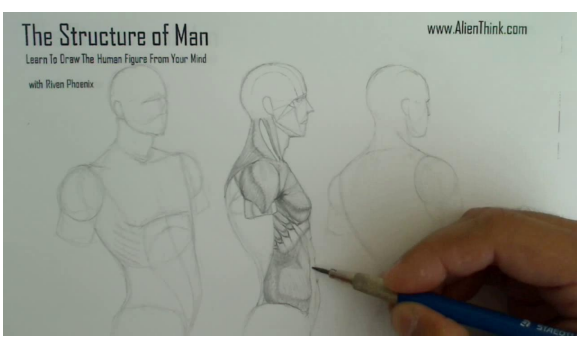
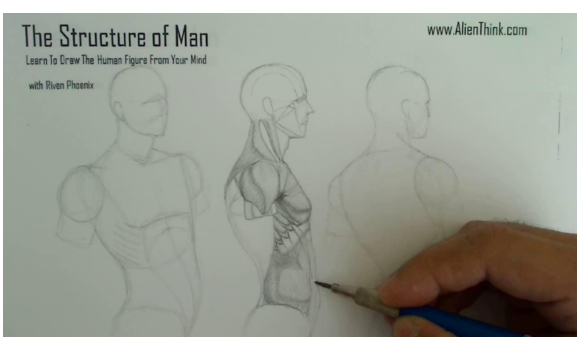
393		This is really all just becoming one, one idea really over here.
394		If you think about it, the light is striking this way.
395		So it's obviously going to like probably come like this, right?
396		Right, because now you're getting into the apps.

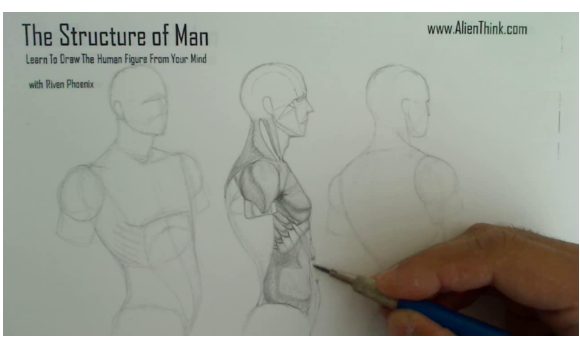
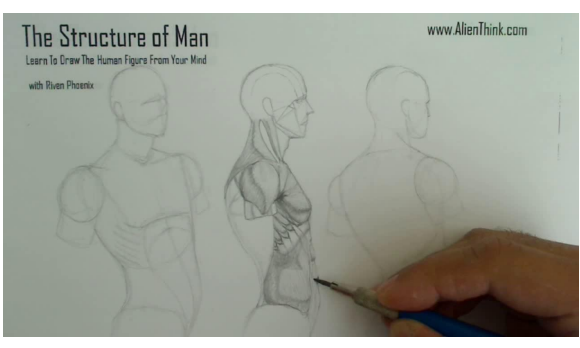
397		So you're going to have all these odd structures coming in the way.
398		Right, so this is going to be kind of light over here.
399		It's going to be like this, but it's going to be like more dark over here.
400		Then it'll come out more.

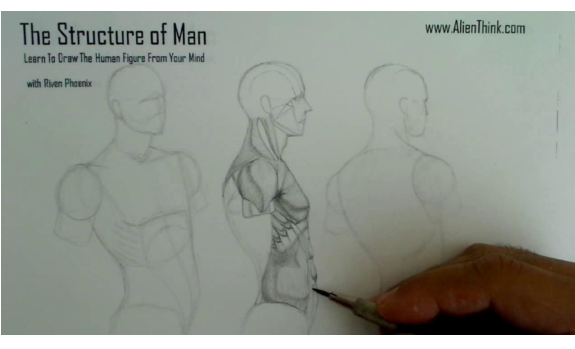
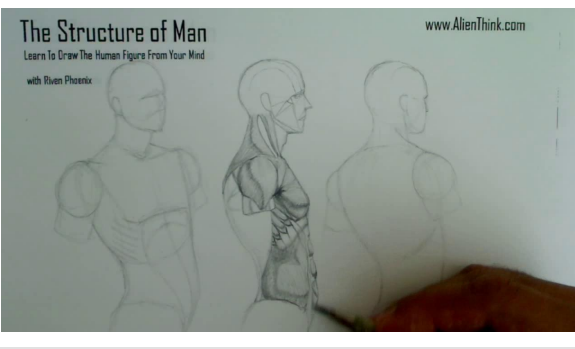
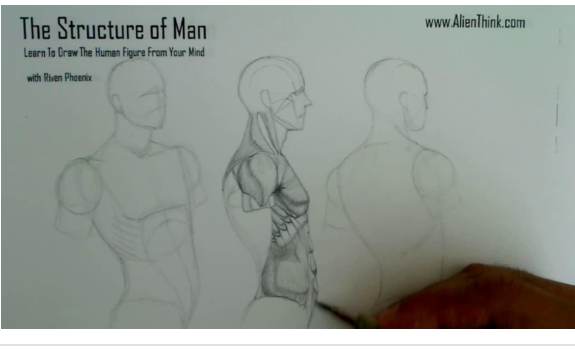
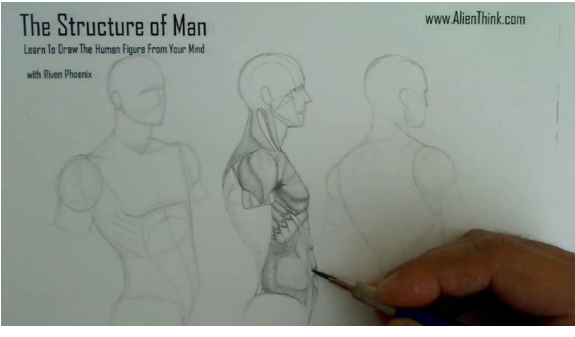
401		Right, so here we're feeling away through the whole understanding of this.
402		Right, really getting this part on the understanding of these,
403		these, these line structures that we put down.
404		Right, so now we have a very simple formula to do the line structures.

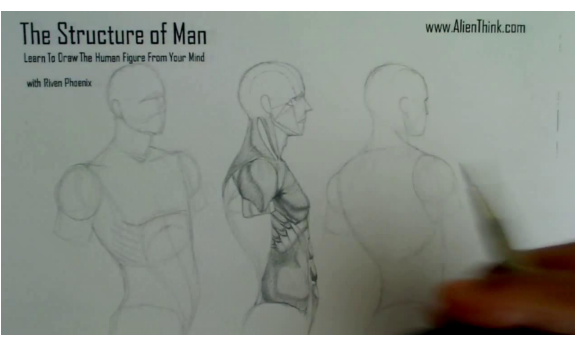
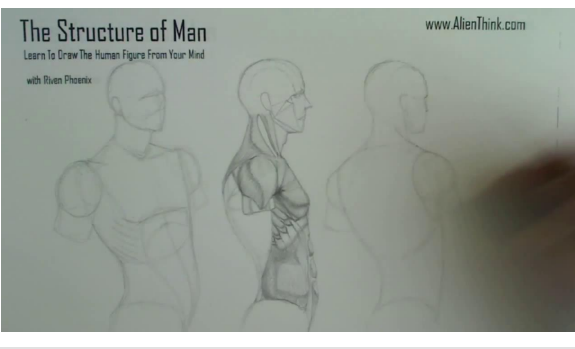
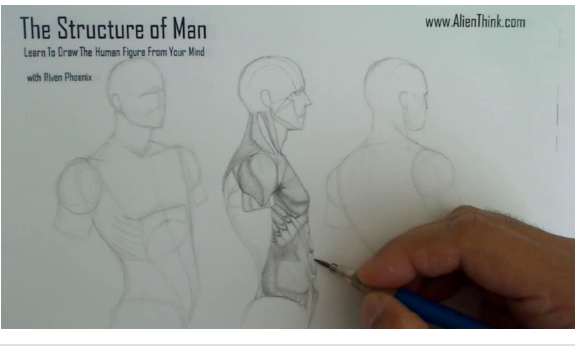
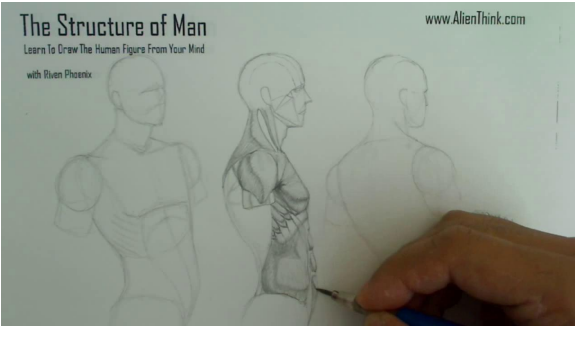
405	 The Structure of Man Learn To Draw The Human Figure From Your Mind with Riven Phoenix www.AlienThink.com	Right, and this is just going to go like this.
406	 The Structure of Man Learn To Draw The Human Figure From Your Mind with Riven Phoenix www.AlienThink.com	Right, and then these are lines of all just understanding.
407	 The Structure of Man Learn To Draw The Human Figure From Your Mind with Riven Phoenix www.AlienThink.com	So here we can now simply say that, okay, well,
408	 The Structure of Man Learn To Draw The Human Figure From Your Mind with Riven Phoenix www.AlienThink.com	really this is a muscle fiber over here.

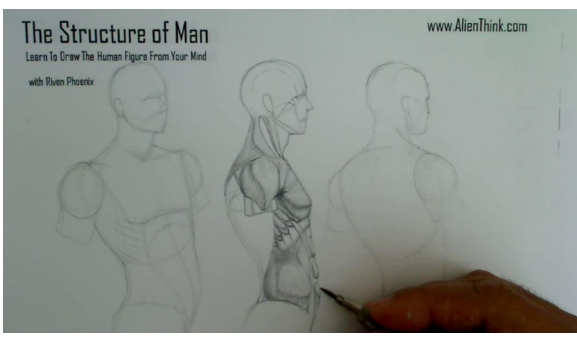
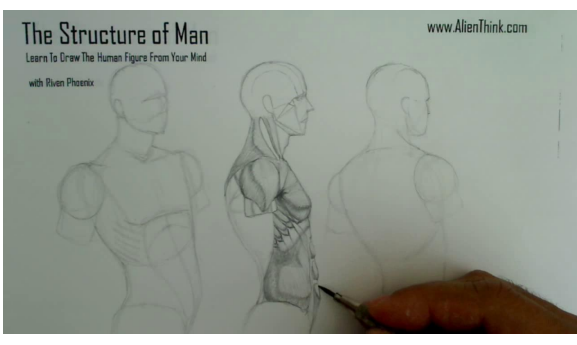
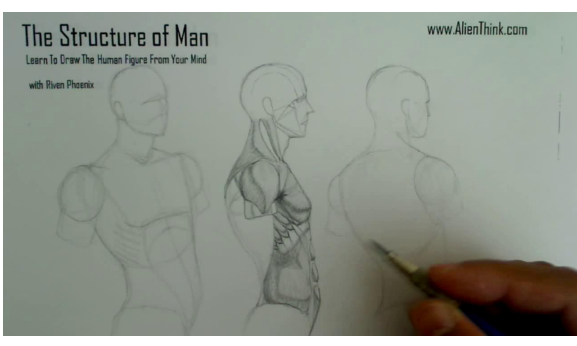
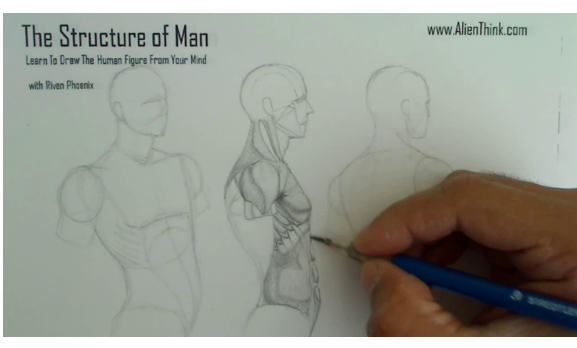
409	 The Structure of Man Learn To Draw The Human Figure From Your Mind with Riven Phoenix www.AlienThink.com	And it's just going to go like this.
410	 The Structure of Man Learn To Draw The Human Figure From Your Mind with Riven Phoenix www.AlienThink.com	Right, and this is all muscle fiber over here.
411	 The Structure of Man Learn To Draw The Human Figure From Your Mind with Riven Phoenix www.AlienThink.com	Right, so now we're getting to the apps.
412	 The Structure of Man Learn To Draw The Human Figure From Your Mind with Riven Phoenix www.AlienThink.com	So here we're going to now think about, okay, well,

413		really for the area for the apps,
414		it's going to like come out a little bit like this.
415		And we're going to have like this white surface over here.
416		You know, we're going to get start to get those ideas here.

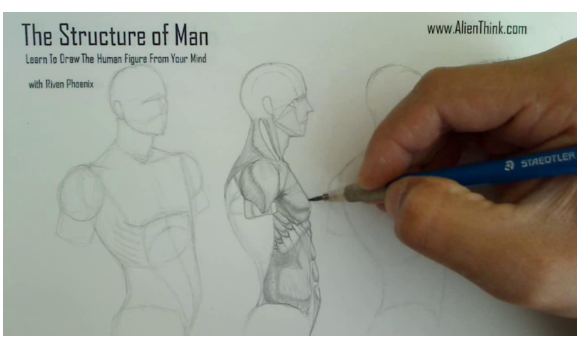
417		Right, so this is going to be very simple.
418		We just have to give the apps a little bit of structure over here.
419		Over here, right, and just keeping this as simple as possible.
420		It's to show you that, right, so what's happening is that the mind is now becoming familiar again with these ideas.

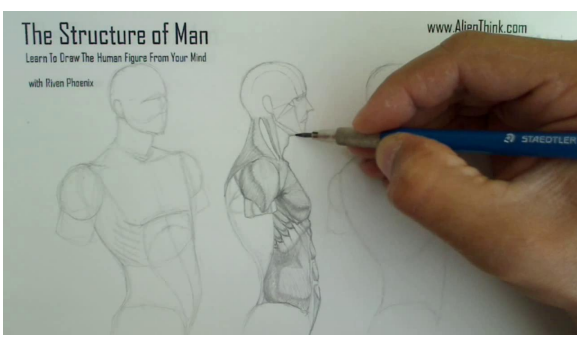
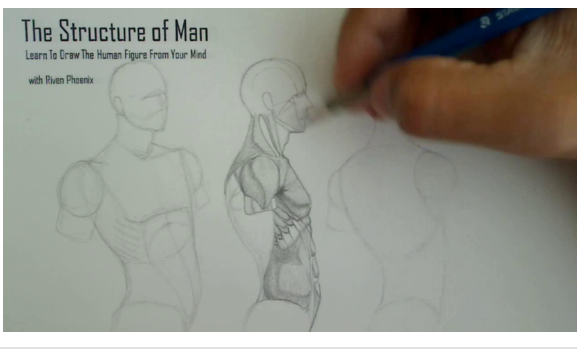
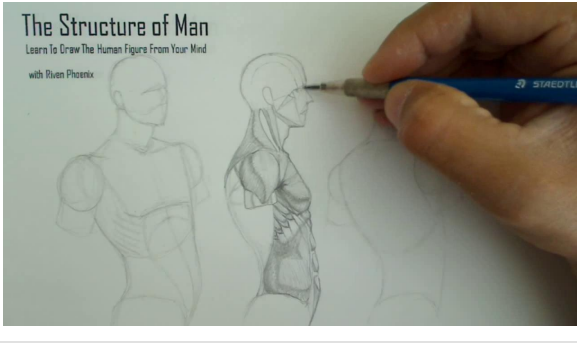
421	 The Structure of Man Learn To Draw The Human Figure From Your Mind with Riven Phoenix www.AlienThink.com	Right, because we're really inventing all the shadows,
422	 The Structure of Man Learn To Draw The Human Figure From Your Mind with Riven Phoenix www.AlienThink.com	training it to begin to understand, okay, look,
423	 The Structure of Man Learn To Draw The Human Figure From Your Mind with Riven Phoenix www.AlienThink.com	from my memory, this is how I want to understand it in this way.
424	 The Structure of Man Learn To Draw The Human Figure From Your Mind with Riven Phoenix www.AlienThink.com	Right, and we're just going to get like the shadow work here for the apps.

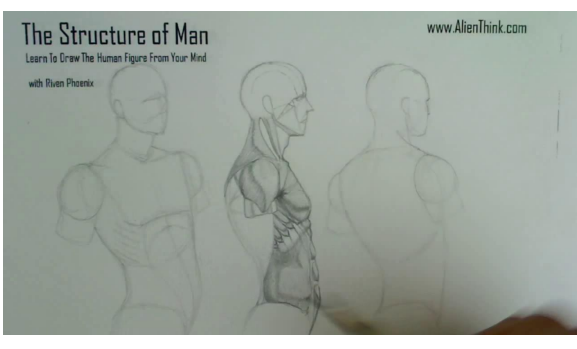
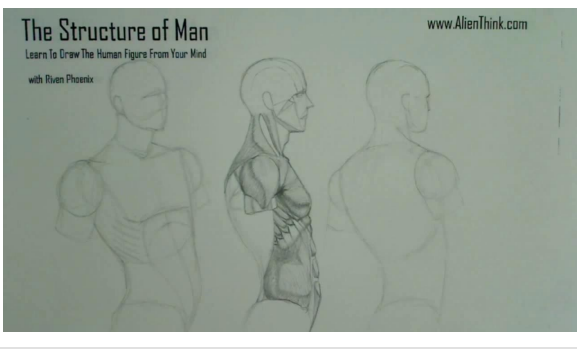
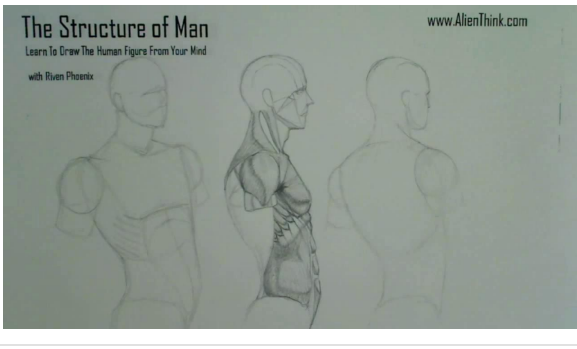
425		So here I'm just going to lighten this one up.
426		It's got a little bit of dark there.
427		Okay, so here it's going to get this.
428		And over here, I'm going to now remember,

429		right, when it comes here, it's going to be a stomach area.
430		So when this comes, I'm going to go directly in.
431		Right, like this.
432		And then this is going to be that other app over here.

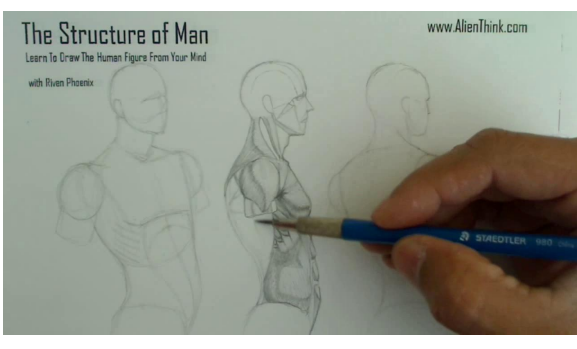
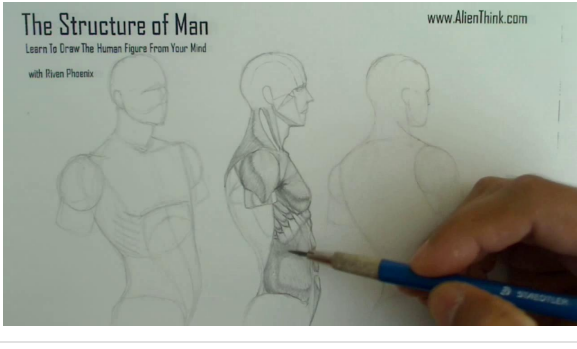
433		So we can now give this guy a little bit of structure too.
434		Just like this.
435		Right, so this guy goes above it.
436		So now you can understand, begin to understand the contour lines.

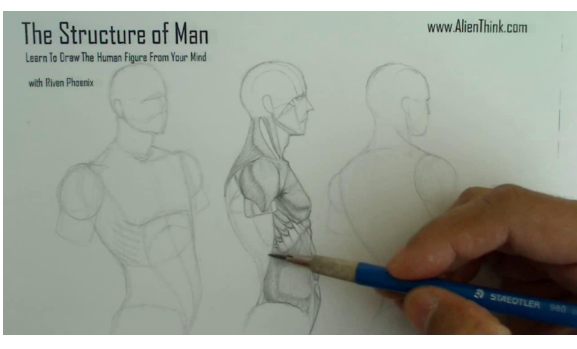
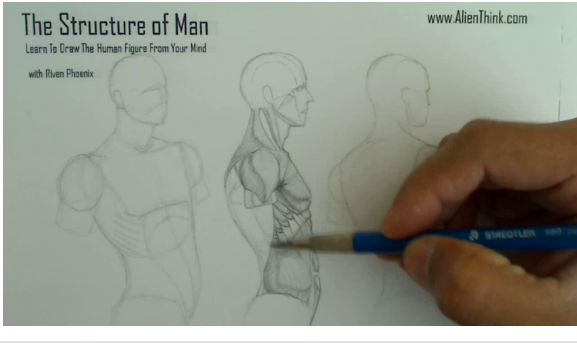
437		Right, these are the contour lines that we're coming up with in our research phase over here.
438		So I'm going to get this contour line like this.
439		It's going to go down and up.
440		Right, I'm going to get the clavicle over here.

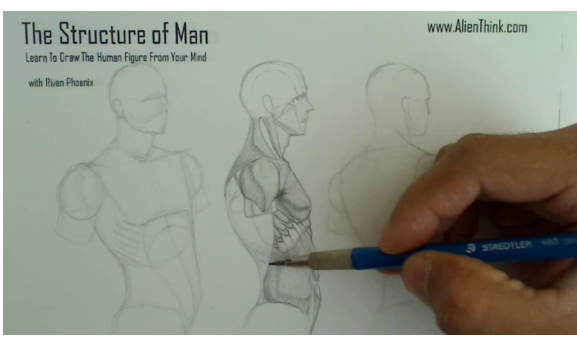
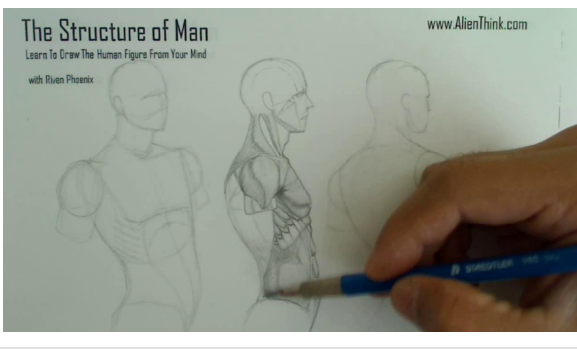
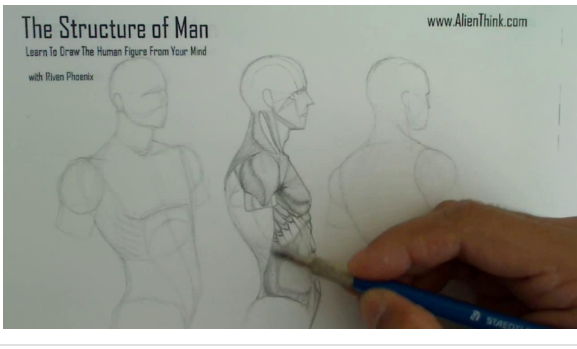
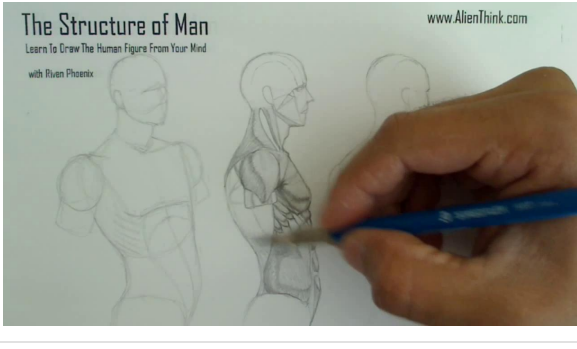
441		And it's going to go like this.
442		Right, so here we can even shade a little bit of these ideas into.
443		Right, a little bit of shadow work on here.
444		And then under here.

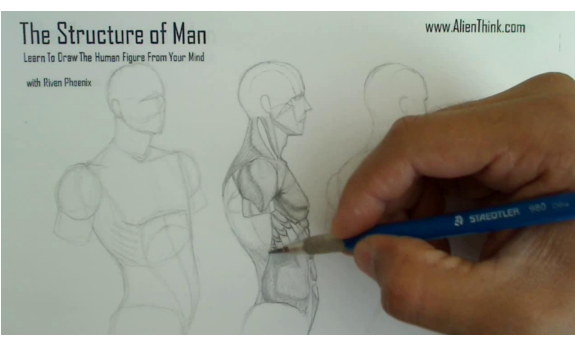
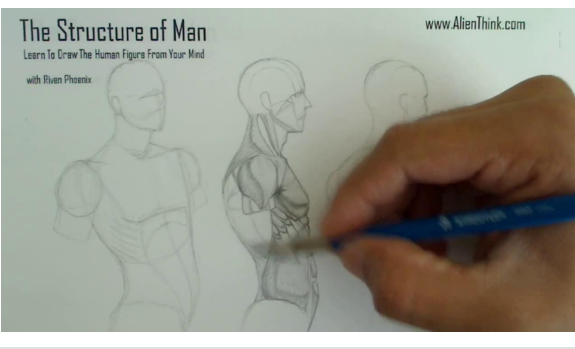
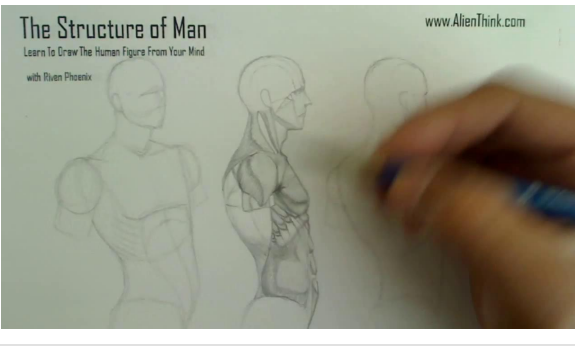
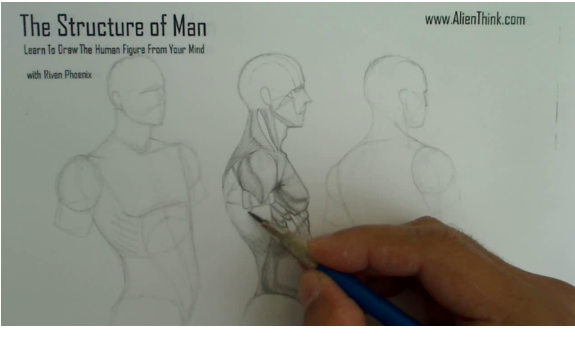
445		Right, so now over left is understanding the back.
446		Right, how should we understand the back over here?
447		Well, the back is going to be pretty easy.
448		Here we know that, well, this is just going like this.

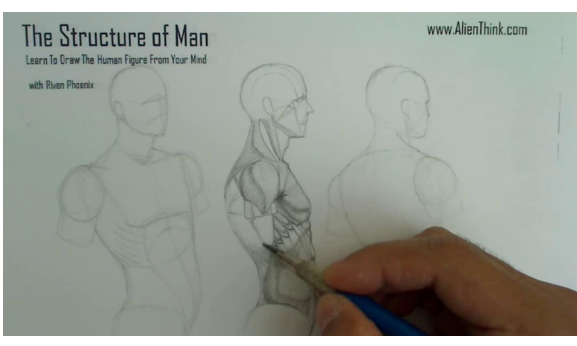
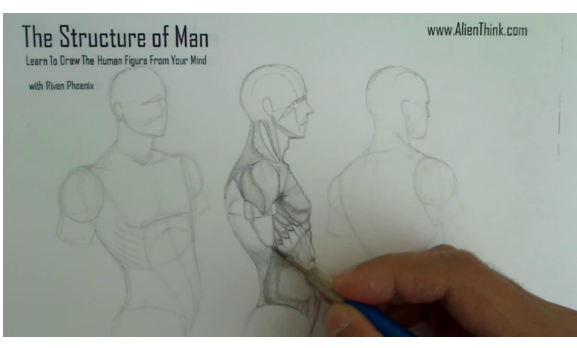
449		And obviously the light is going to shine on this, right?
450		It's going to hit this.
451		So it's really going to be on a curve.
452		Right, it's going to be on a curve,

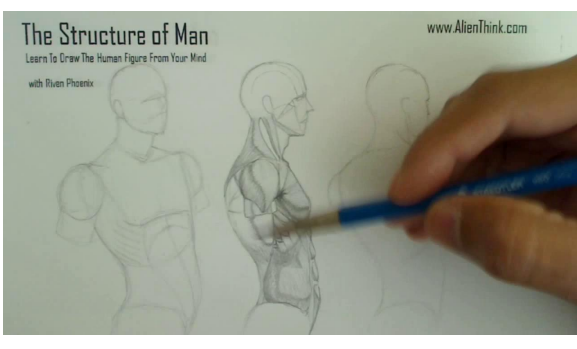
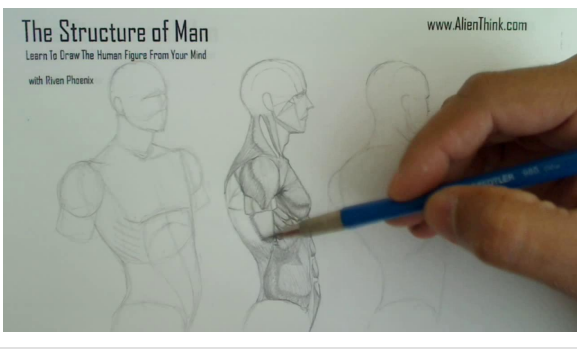
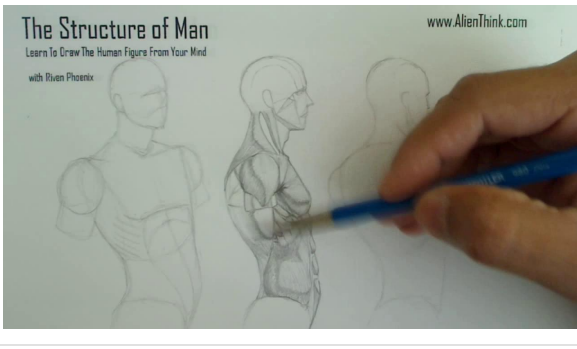
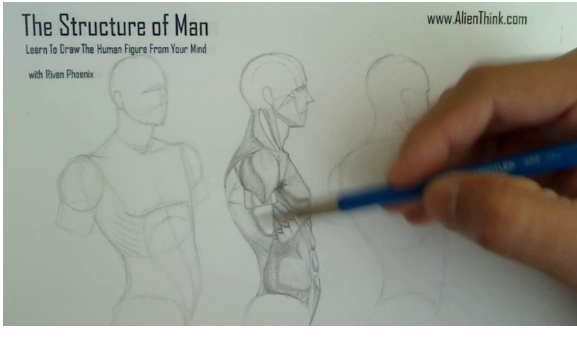
453		meaning that I'm going to get something,
454		and it's got to follow this at least.
455		So this means what?
456		Over here, that if this is dark,

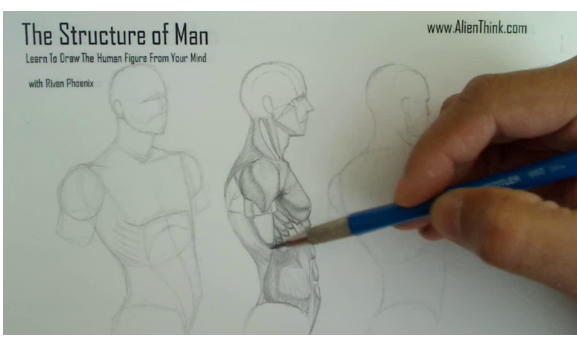
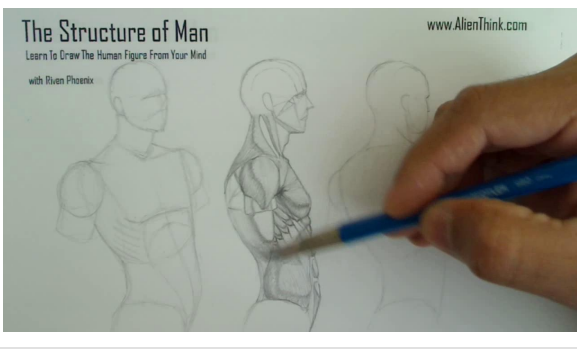
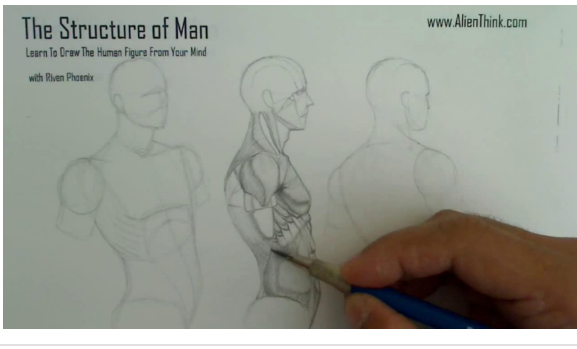
457		it's going to be dark under this area.
458		Right, so now we know from the back here,
459		from the back now, I'm going to get this area to be darker too.
460		Right, because this is now following the chance cavity.

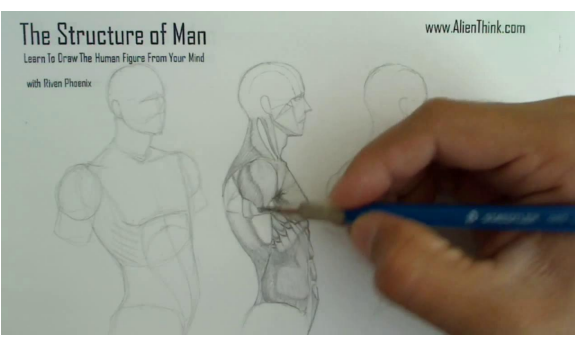
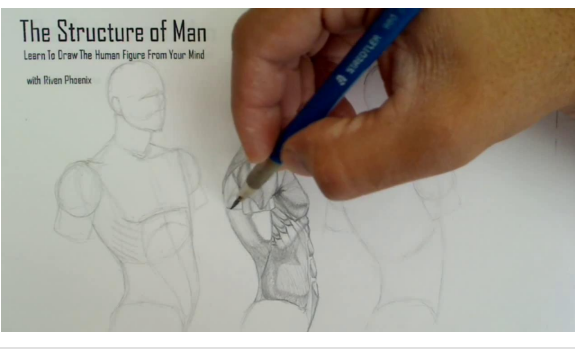
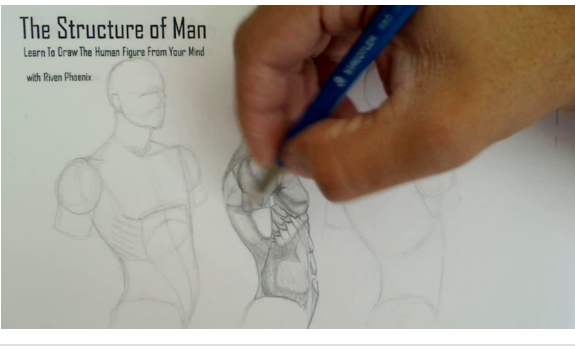
461		So over here, so when I put this here,
462		we know that this door side muscle is coming here.
463		Right, but it's really the chest cavity is designed
464		that this thing is linked to that we're going to get in the back

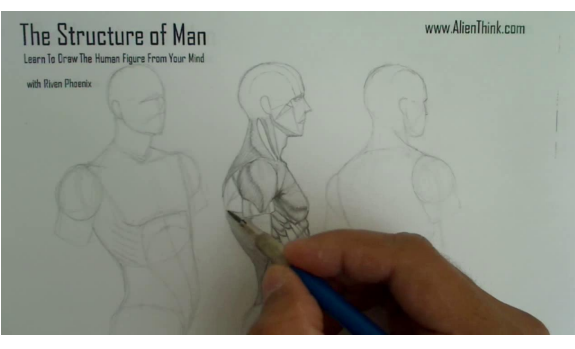
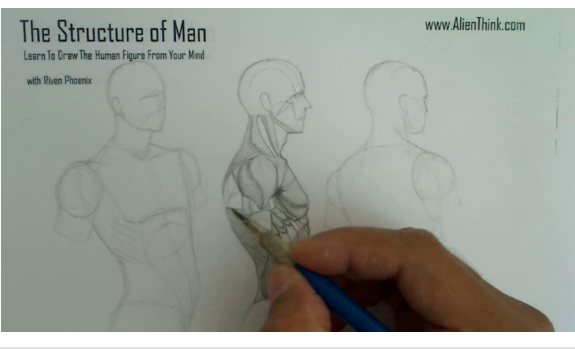
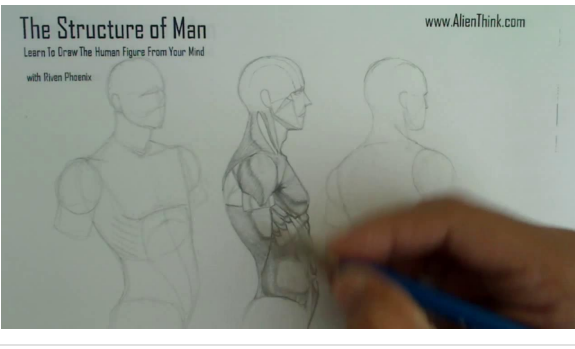
465		on much more darker area also from the bottom.
466		Right, and then this guy will just come about its way
467		and go over his business.
468		So here we're just going to give this guy a shadow also.

469		Right, so it's going to be a little thick over here.
470		So you're going to get like a shadow over here.
471		So you're just going to first put this line over here
472		and then start to give some shadows over here.

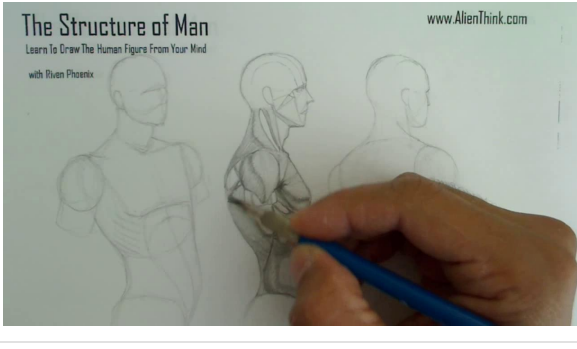
473		So here I can just simply blend this in
474		showing that this is going backwards over here
475		into this area.
476		Right, smooth it out like this.

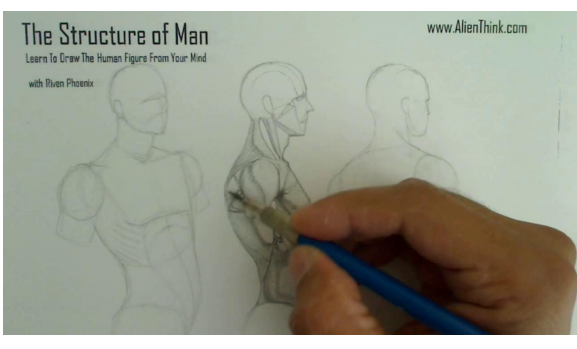
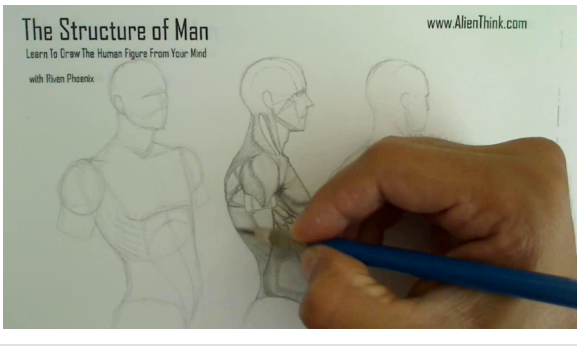
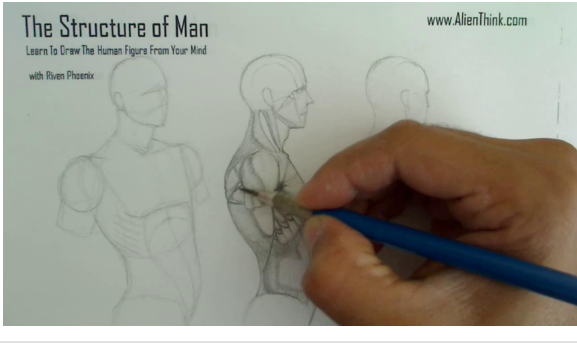
477		Right, so this area,
478		all of this area is obviously just going to be more darker.
479		Right, but we'll get these lines here like this.
480		Right, so this area here is just all dark.

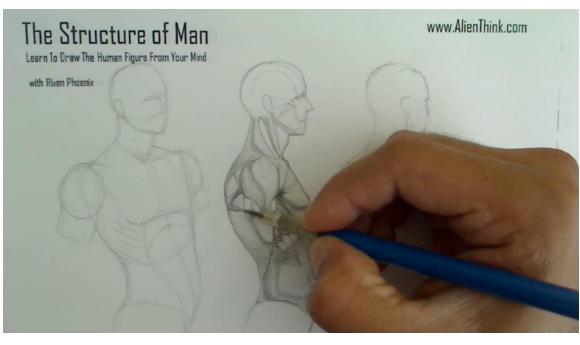
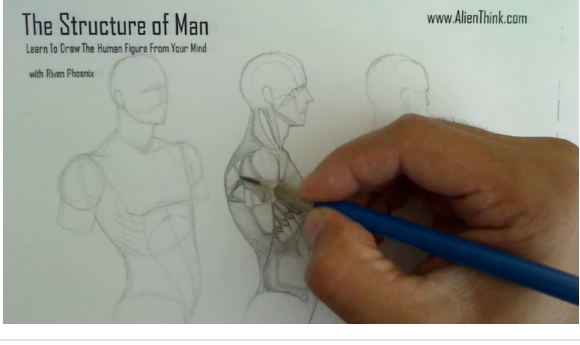
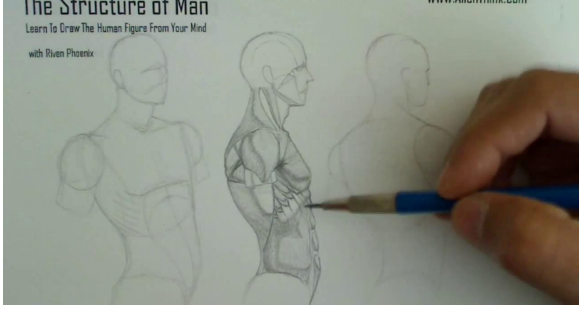
481		Right, so now when we do the lines for the door side
482		we're just going to do them like this
483		that they're coming around right for the muscle.
484		So over here, and we're going to pretty much get this line.

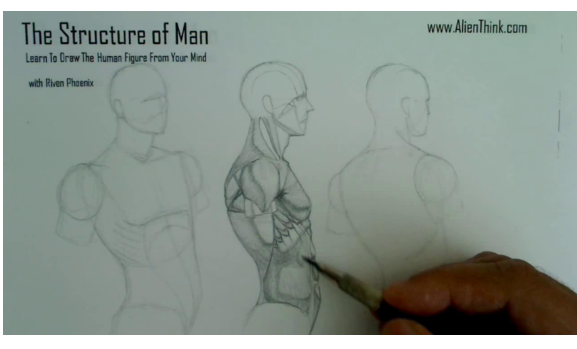
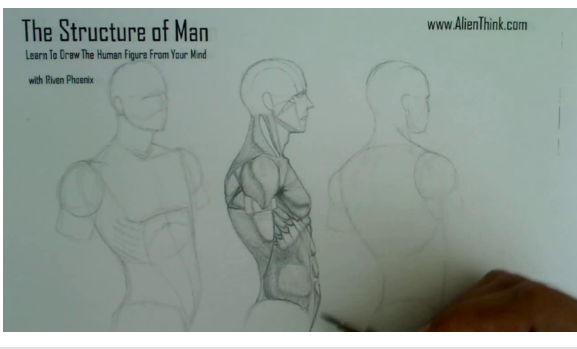
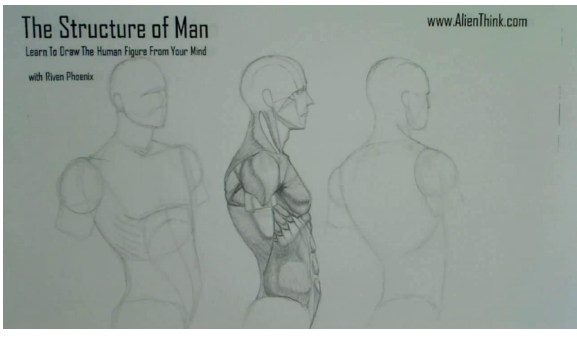
485		It's not going to be the thing to understand about this
486		is here we're just doing them very simply like this.
487		Right, but there'll be much more organic and surface anatomy.
488		So here we're just going to get roughly,

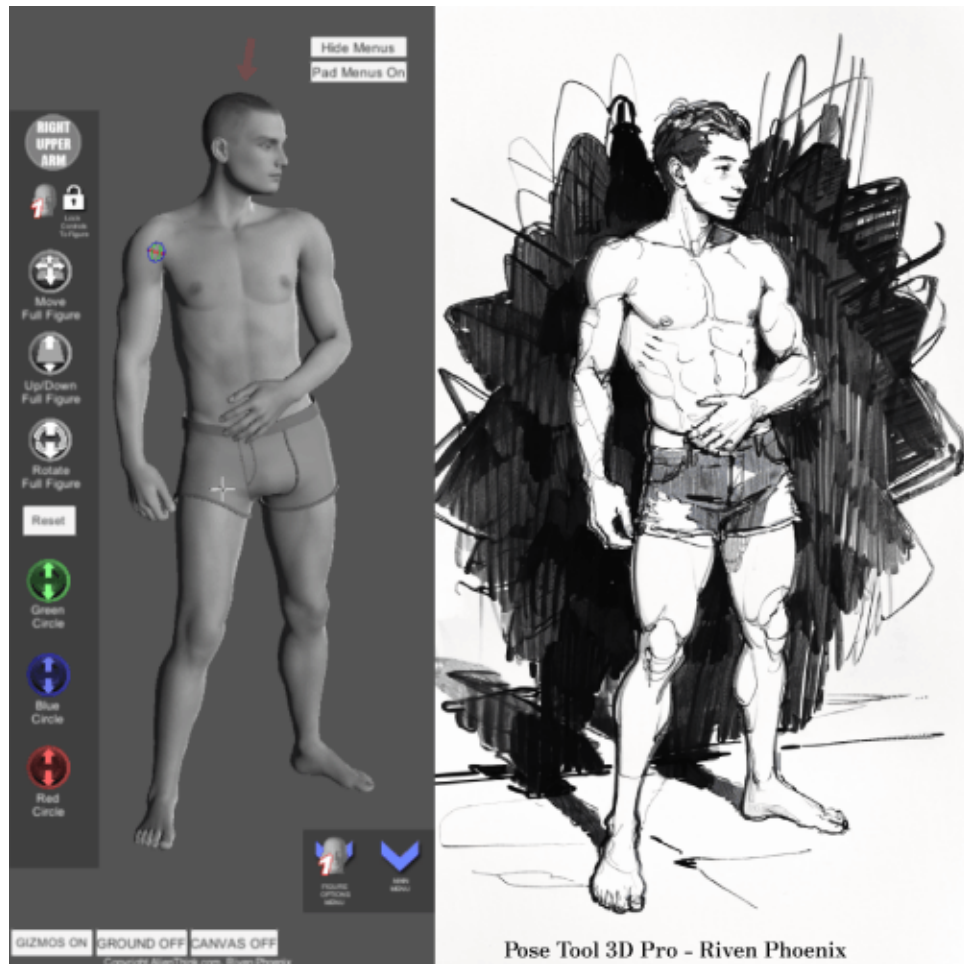
489		we know all these ideas,
490		these are going to be very simple.
491		We can just put a little bit of shadow work on them,
492		but obviously these are going to be much more darker in the back.

493		Right, but even this little bit of shadow work
494		will start to bring out these features
495		and here I'm just going to get this over here like so.
496		Right, so we're done with this area over here.

497		Right, so just understand,
498		right, that over here you're going to get like these bumps here,
499		right, based on these ideas that we put down.
500		Right, so it's really this idea over here.

501		Right, so we know it's this line and this line and this line.
502		And then we're going to get this line.
503		Okay, so this gives us a very good understanding
504		of how we took the muscles out from our mind

505		and now starting to create these forms over here
506		so we can understand.
507		Because I'll see you in the next lesson, thanks.



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